

Hero

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Count: 32

Wall: 4

Level: Intermediate

Choreographer: Leigh Huckel (Aus) Aug '07

Music: Hero by Mariah Carey (Album: Music Box)

Intro: 16 counts

1-4 CROSS ROCK, RECOVER, STEP SIDE, CROSS ROCK, RECOVER, 1/4 RIGHT STEP FORWARD

1,2& Rock L foot across in front of R foot, recover weight to R foot, step L foot to L

3,4& Rock R foot across in front of L foot, recover weight to L foot, (**), turn 1/4 R step R foot forward

5-6 STEP 1/2 TURN, 1/4 TURN STEP SIDE & DRAW

1&2 Rock L foot forward, turning 1/2 R recover weight to R foot, turning 1/4 R step L foot to L while drawing R foot to L foot

7-9 BEHIND, SIDE, CROSS FRONT, SIDE ROCK, 1/4 R RECOVER, SWEEP

1&2& Cross R foot behind L foot, step L foot to L, cross R foot in front of L foot, rock L foot to L

3& Turning 1/4 R recover weight to R foot, sweep L foot around from back to front

10-11 FORWARD, SWEEP, TWICE

1& Step L foot forward, sweep R foot around from back to front

2& Step R foot forward, sweep L foot around from back to front

12-14 QUICK FORWARD, COASTER 6

1&2& Step L foot forward, step R foot next to L foot, step L foot back, step R foot next to L foot

3& Step L foot forward, step R foot next to L foot

15-16 DIAGONAL BACK, LOCK, BACK, 1/4 R STEP SIDE

1&2& Step L foot diagonal back & L, lock R foot in front of L foot, step L foot diagonal back & L, turning 1/4 R step R foot to R

17-19 CROSS SHUFFLE TO A CROSS ROCK, RECOVER, 1/8 L STEP SIDE

1& Cross L foot in front of R foot, step R foot to R

2&3 Rock L foot across in front of R foot, recover weight to R foot, turning 1/8 L step L foot to L

20-21 FORWARD, 1/2 R ROLL

1&2 Step R foot forward, turning 1/2 R step L foot back, step R foot back

22-24 FORWARD FULL L ROLL TO A FORWARD SHUFFLE

1& Step L foot forward, turning 1/2 L step R foot back

2&3 Turning 1/2 L step L foot forward, step R foot next to L foot, step L foot forward

25-26 BACK, 1/4 L SWEEP, BACK, 1/8 R SWEEP

1& Step R foot back, turning 1/4 L sweep L foot around from front to back

2& Step L foot back, turning 1/8 R sweep R foot around from front to back

27-30 SAILOR, BACK, CROSS, SWEEP, FRONT VINE 2

1&2& Cross R foot behind L foot, rock L foot to L, recover weight to R foot, step L foot back

3& Cross R foot in front of L foot, sweep L foot around from back to front

4& Cross L foot in front of R foot, step R foot to R

31-32 SIDE WITH HIP SWAY 2 WITH DRAW

1,2 Step L foot to L swaying hips L, sway hips R while drawing L foot to R foot

Restart Dance in New Direction

TAG: At the END of wall 2 do the following

1,2& Rock L foot across in front of R foot, recover weight to R foot, step L foot to L

3&4& Cross R foot in front of L foot, step L foot to L, cross R foot behind L foot, step L foot to L

5,6& Rock R foot across in front of L foot, recover weight to L foot, step R foot to R

7&8& Cross L foot in front of R foot, step R foot to R, cross L foot behind R foot, step R foot to R

RESTARTS:

At the END of the 2nd sequence ADD the TAG

ON the 5th sequence dance up to beat 4 () making it a step to the side and not a 1/4 turn then restart.**