

# Legends and Heroes

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**Count:** 48      **Wall:** 4      **Level:** Phrased Intermediate

**Choreographer:** Jack Swanson and Aly Glasier - August 2017

**Music:** Something Just Like This by The Chainsmokers and Coldplay

**Pattern: AAA BB AA BB AAA BBBB**

**Intro 16 Counts (start on the word Old)**

**Part A: 32 Counts**

**AS1: Rock forward, shuffle back, rock back, walk walk**

- 1-2      Rock forward on right and recover on left
- 3&4      Shuffle back right left right
- 5 -6      Rock back on left and recover on right
- 7-8      Walk forward two steps left right

**\*Can do a full turn turning over right shoulder**

**AS2: Quarter turn, crossing shuffle, hinge turn, shuffle forward**

- 1-2      Step forward on left, pivot  $\frac{1}{4}$  turn right shifting weight to right (3:00)
- 3&4      Crossing shuffle left right left
- 5-6      Step back on right as you  $\frac{1}{4}$  turn left, step to left with left as you  $\frac{1}{4}$  turn left again (9:00)
- 7&8      Shuffle forward right left right

**AS3: Rock forward, shuffling half turns, behind side cross**

- 1-2      Rock forward on left and recover
- 3&4      Shuffle half turn left (left right left) (3:00)
- 5&6      Shuffle half turn left (right left right) (9:00)
- 7&8      Step left behind right, step right to right side, cross left over right.

**\*Turns can be modified to straight shuffles back**

**AS4: Rock side, behind side cross, rock side, coaster step**

- 1-2      Rock to the right and recover on left
- 3&4      Step right behind left, step left to left side, cross right over left

5-6 Rock to the left and recover on right

7&8 Left coaster step

### **B: 16 Counts**

#### **BS1: Stomp, toe heel stomp, toe heel rock, half turn shuffle**

1 Stomp with right foot

2&3 Touch left toe next to right, touch left heel next to right, stomp in place with left foot

4& Touch right toe next to left, touch right heel next to left

5-6 Rock forward with right and recover on left

7&8 Shuffle half turn right (3:00)

#### **BS2: Press, press, shuffle back, coaster step**

1-2& Press forward left and return weight to right, ball step onto left foot

3-4 Press forward right and return weight to left

5 & 6 Shuffle back right, left, right

7&8 Left coaster step

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**Last Update - 2nd Sept 2017**