

CEST LA VIE

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Count: 56

Wall: —

Level: —

Choreographer: Amanda Humphrey

Music: C'est La Vie by B*Witched

CROSS KICKS

- 1&2&** Kick right across left, step right beside left, kick left across right, step left beside right
- 3-4** Kick right across left twice
- &5&6&** Step right beside left, kick left across right, step left beside right, kick right across left, step right beside left
- 7-8** Kick left across right twice

LEFT SIDE SHUFFLE, ROCK, RIGHT SIDE SHUFFLE, ROCK

- 1&2** Step left foot to left, step right beside left, step left to left
- 3-4** Rock right across in front of left, recover weight on left
- 5&6** Step right foot to right, step left beside right, step right to right
- 7-8** Rock left across in front of right, recover weight on right

CHASSE' LEFT, FULL TURN LEFT

- 1-2** Step left foot to left, hold & clap
- &3-4** Step right beside left, step left to left, hold & clap (weight on left)
- 5-6** On ball of left foot pivot $\frac{1}{4}$ left and step forward on right, on balls of both feet pivot $\frac{1}{2}$ left placing weight on left
- 7-8** On ball of left foot pivot $\frac{1}{4}$ left and step right to right side step left beside right

CHASSE' RIGHT, FULL TURN RIGHT

- 1-2** Step right foot to right, hold & clap
- &3-4** Step left beside right, step right to right, hold & clap (weight on right)
- 5-6** On ball of right foot pivot $\frac{1}{4}$ right and step forward on left, on balls of both feet pivot $\frac{1}{2}$ right placing weight on right
- 7-8** On ball of right foot pivot $\frac{1}{4}$ right and step left to left side, touch right beside left

ROCK STEP, TRIPLE STEP, ROCK STEP, TRIPLE STEP

- 1-2 Rock right across in front of left, recover weight on left
- 3&4 Triple step in place right-left-right
- 5-6 Rock left across in front of right, recover weight on right
- 7&8 Triple step in place left-right-left

LEFT PADDLE TURN, VINE RIGHT

- &1 Hitch right knee while pivoting $\frac{1}{4}$ left on left, touch right to right
- &2 Hitch right knee while pivoting $\frac{1}{4}$ left on left, touch right to right
- &3 Hitch right knee while pivoting $\frac{1}{4}$ left on left, touch right to right
- &4 Hitch right knee while pivoting $\frac{1}{4}$ left on left, touch right to right
- 5-6 Step right foot to right side, cross and step left behind right
- &7-8 Rock right foot to right, step left in place, step right beside left

Option: On counts &1&2&3&4 clench both fists in center of chest on the & counts and pump right fist down along right leg and left fist to left shoulder on counts 1-2-3-4)

VINE LEFT, RIGHT PADDLE TURN

- 1-2 Step left foot to left side, cross and step right behind left
- &3-4 Rock left foot to left, step right in place, touch left beside right
- &5 Hitch left knee while pivoting $\frac{1}{4}$ right on right, touch left to left
- &6 Hitch left knee while pivoting $\frac{1}{4}$ right on right, touch left to left
- &7 Hitch left knee while pivoting $\frac{1}{4}$ right on right, touch left to left
- &8 Hitch left knee while pivoting $\frac{1}{4}$ right on right, touch left to left
- & Step left beside right

Option: On counts &5&6&7&8 clench both fists in center on chest on the & counts and pump left fist down along left leg and right fist to right shoulder on counts 5-6-7-8)

REPEAT