

HAVIN' A BAD DAY

LINEDANCE.COM

Count: 32

Wall: 4

Level: intermediate

Choreographer: Kirsty Bycroft

Music: Bad Day by Daniel Powter

ACROSS, ROCK, SIDE, ACROSS, SIDE, BEHIND, SIDE, ACROSS, ROCK, $\frac{1}{4}$ TURN, FULL TURN TRIPLE

- 1-2&** Rock right over left, replace weight on left, step right to right side
- 3&4&** Step left across right, step right to right side, step left behind right, step right to right side
- 5-6&** Rock left over right, replace weight on right, $\frac{1}{4}$ turn left step forward left, (9:00)
- 7&8** Full turn left triple step (right, left, right)

PIVOT, $\frac{1}{2}$ TURN, FORWARD, STEP, LOCK, STEP FORWARD, BACK, $\frac{1}{2}$ TURN, PIVOT, $\frac{1}{4}$ TURN, CROSS

- 1&2** Step left forward, pivot $\frac{1}{2}$ turn right, step forward left, (3:00)
- 3&4** Step forward right, lock left behind right, step forward right
- 5&6** Rock forward left, replace weight on right, $\frac{1}{2}$ turn left step left forward (9:00)
- 7&8** Step right forward, pivot $\frac{1}{4}$ turn left replace weight on left, cross right over left (6:00)

SIDE, ROCK, CROSS, SIDE, CROSS, SIDE, $\frac{1}{4}$ TURN, STEP BACK, FORWARD, $\frac{1}{2}$ TURN HITCH, FORWARD, BACK HOOK

- 1&2** Rock left to left side, replace weight on right, cross left over right
- &3&4** Step right to right side, cross left over right, $\frac{1}{4}$ turn right step right forward, step forward left. (9:00)
- 5-6** Rock back right, step forward left hitching right knee $\frac{1}{2}$ turn left on ball of left foot, (3:00)
- 7-8** Step forward right, rock back left hooking right foot under left knee

STEP, LOCK, STEP, SWAY, SWAY. SIDE, TOGETHER, SIDE, SWAY, SWAY

- 1&2** Step forward right. Lock left behind right, step forward right
- 3-4** Sway hips left, right
- 5&6** Step left to left side, step right together, step left to left side
- 7-8** Sway hips right, left, (3:00)

REPEAT

RESTART

1st: wall 4. Dance to count 12. Step together on left (&). Restart (facing front wall)

2nd: wall 5. Dance to count 14. Step forward right, pivot $\frac{1}{4}$ left on counts 15-16. Restart (facing back wall)

3rd: wall 7. Dance to count 24. Restart (facing front wall)

4th: wall 8. Dance to count 14. Step forward right, pivot $\frac{1}{4}$ left on counts 15, 16. Restart (facing back wall)