

CAN ONLY GO UP

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Count: 64

Wall: 4

Level: intermediate

Choreographer: Trent Duncan

Music: Up! by Shania Twain

SCUFF RIGHT, STEP RIGHT, STEP LEFT, STEP RIGHT OVER, SHUFFLE LEFT SIDE, ROCK RIGHT

- 1-4** Scuff right beside left, step right to right side, step left in place, step right over in front of left
- 5&6** Shuffle left-right-left to left side
- 7-8** Step right over in front of left, rock back onto left

SHUFFLE RIGHT SIDE, ¼ TURN, ROCK, LEFT COASTER, RIGHT KICK BALL

- 1&2** Shuffle right-left-right to right side turning ¼ turn right
- 3-4** Step forward left, rock back onto right
- 5&6** Coaster step left (step left back, right together, step left forward)
- 7&8** Right kick ball change (kick right foot, step right beside left, step left beside right)

½ PIVOT, FREEZE RIGHT, DODGE STEP, STEP LEFT SIDE, STEP RIGHT BEHIND

- 1-2** Step forward right, pivot ½ left
- 3-4** Step right to right side, step left behind right
- &5-6** Step right to right side, step left to left side, step right over in front of left
- 7-8** Step left to left side, step right behind left

DODGE STEP, SAMBA RIGHT, SAMBA LEFT, RIGHT KICK BALL

- &1-2** Step left to left side, step right to right side, step left over in front of right
- 3&4** Right samba cross (step right to right side, replace weight onto left, step right over left)
- 5&6** Left samba cross (step left to left side, replace weight onto right, step left over right)
- 7&8** Right kick ball change (see above)

½ PIVOT, SHUFFLE RIGHT, ROCK LEFT, FULL TURN TRIPLE STEP

- 1-2** Step forward right, pivot ½ turn left
- 3&4** Shuffle forward right-left-right

- 5-6 Step left forward, rock back onto right
- 7&8 Stepping left-right-left turn a full turn left

Optional: triple step on spot left-right-left

ROCK RIGHT, 1&½ TURN RIGHT SHUFFLE, ROCK LEFT, COASTER STEP LEFT

- 1-2 Step right forward, rock back onto left
- 3&4 Turning 1 ½ turn right, shuffle right-left-right

Optional: ½ turn right, shuffling right-left-right

- 5-6 Step forward left, rock back right
- 7&8 Coaster step left (see above)

½ PIVOT, WEAWE TO THE LEFT, TOUCH LEFT SIDE. WEAWE RIGHT, TOUCH RIGHT SIDE, TOUCHES, UNWIND, STEP LEFT

- 1-2 Step forward right, pivot ½ turn left
- 3-6 Step right over left, step left to left side, step right behind left, touch left toe to left side
- 7-8 Step left over right, step right to right side
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- 1-4 Step left behind right, touch right toe to right side, step right over in front of left, touch left toe to left side
- 5-8 Step left behind right, touch right toe behind, unwind ½ turn right, taking weight onto right. Step forward slightly left

REPEAT