

# Perfect Harmony

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**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Alison Biggs & Peter Metelnick , TheDanceFactoryUK, February 2016

**Music:** Sad Song (feat. Elena Coats) - We The Kings. Album: Somewhere Somehow

**Start after 16 count intro (approx. 17 secs into song) - 3mins 46secs - 85bpm**

**Music available: Amazon as an Mp3 download**

**\*\* Thanks to Michal for recommending the song!**

**[1-9] R fwd, L fwd, ½ R pivot turn, L fwd, ½ L, ½ L, R fwd, cross L over R, cross R over L, L fwd mambo with long step back**

**1,2&3** Step R forward, step L forward, pivot ½ right, step L forward (6 o'clock)

**4&5** Turning ½ left step R back, turning ½ left step L forward, step R forward with style (prissy walk) (6 o'clock)

**Alternative: Walk forward R/L/R**

**6-7** Cross step L forward over R, cross step R forward over L (prissy walks)

**8&1** Rock L forward, recover weight on R; take a longer step back on L as you drag R to meet L

**[10-17] R coaster cross, L side rock/recover, L behind-side-cross, ½ L hinge cross**

**2&3** Step R back, step L together, cross step R over L

**4-5** Rock L side, recover weight on R (swaying hips L to R)

**ENDING: Facing R side wall, to end facing forward on 6&7: behind, ¼ R, L fwd, HOLD**

**6&7** Cross step L behind R, step R side, cross step L over R

**8&1** Turning ¼ left step R back, turning ¼ left step L side, cross step R over L (12 o'clock)

**WALL 2, 4 & 6 RESTART: Dance first 16& counts and restart facing L SIDE (9 o'clock), BACK (6 o'clock), R SIDE (3 o'clock)**

**[18-25] L side rock/recover, L sailor, R behind -¼ L- R fwd, L fwd rock/recover, ¼ L side**

**2-3** Rock L side, recover weight on R (swaying hips L to R)

**4&5** Cross step L behind R, step R side, step L side

**6&7** Cross step R behind L, turning ¼ left step L forward, step R forward (9 o'clock)

**8&1** Rock L forward, recover weight on R, turning  $\frac{1}{4}$  left step L side (6 o'clock)

**[26-32] R cross step,  $\frac{1}{2}$  R hinge cross, R side,  $\frac{1}{4}$  L toaster, L full turn fwd**

**2,3&4** Cross step R over L, turning  $\frac{1}{4}$  right step L back, turning  $\frac{1}{4}$  right step R side, cross step L over R (12 o'clock)

**5** Step R side

**6&7** Turning  $\frac{1}{4}$  left step L back, step R together, step L forward (9 o'clock)

**8&** Turning  $\frac{1}{2}$  left step R back, turning  $\frac{1}{2}$  left step L forward

**Alternative: 8& Step R forward, step L forward**

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