

Hug

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Count: 48 **Wall:** 4 **Level:** Intermediate waltz

Choreographer: Yvonne van Baalen (Dec. 2014)

Music: Nathan Carter - Hug

#24 counts intro

[1 - 6] L. CROSS, R. SWEEP, R. CROSS, L. SWEEP

1- 3 Cross left over right - Sweep right in front of left in 2 counts

4- 6 Cross right over left - Sweep left in front of right in 2 counts

[7 - 12] L.TWINKLE $\frac{1}{4}$ TURN LEFT, R. COASTER STEP

1- 3 Cross left over right - Turn $\frac{1}{4}$ left step right back - Step left back

4- 6 Step right back - Step left beside right - Step right forward (9.00)

[13- 18] L. STEP FORWARD, R. POINT RIGHT, HOLD, R. STEP BACK, L. POINT LEFT, HOLD

1- 3 Step left forward - Point right to right side - Hold

4- 6 Step right back - Point left to left side - Hold

[19 - 24] L. TWINKLE $\frac{1}{4}$ TURN LEFT, R. COASTER STEP

1- 3 Cross left over right - Turn $\frac{1}{4}$ left step right back - Step left back

4- 6 Step right back - Step left beside right - Step right forward (9.00)

[25 - 30] L. STEP FORWARD, $\frac{1}{2}$ LEFT, L. STEP BACK, R. STEP BACK, $\frac{1}{2}$ LEFT, R. STEP FORWARD

1- 3 Step left forward - $\frac{1}{2}$ turn left - Step left back (option: step forward on L-R-L

4- 6 Step right back - $\frac{1}{2}$ turn left - Step right forward (option: step forward on R-L-R (6.00)

[31- 36] L. STEP FORWARD, R. KICK, HOLD,R. STEP BACK, L. CROSS TOUCH , HOLD

1- 3 Step left forward - Kick right forward - Hold

4- 6 Step right back - Cross touch left over right - Hold

[37 - 42] STEP FORWARD L., R., $\frac{1}{4}$ TURN left SIDE ROCK, CROSS, 2X $\frac{1}{4}$ TURN RIGHT

1- 3 Step left forward - Rock step forward with $\frac{1}{4}$ turn left weight on left (3.00)

4- 6 Cross right over left - $\frac{1}{4}$ turn right x 2 (9.00)

[43- 48] L. CROSS ROCK, SIDE, R. CROSS -ROCK- SIDE

1- 3 Cross left over right - Right recover - Left side step

4- 6 Cross right over left - Left recover - Right side step

TAG: end of wall 4 (12.00 wall)

L. CROSS STEP, 2X ¼ TURN LEFT, R. CROSS-ROCK-SIDE

1- 3 Cross left over right - ¼ turn left x 2

4- 6 Cross right over left - Left recover - Right side step (6.00)

RESTART: wall 9 (6.00 wall)

Dance the first 24 counts than restart the dance again (12.00)

Contact: yvonne045@hotmail.com