

Humble and Kind

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Count: 48 **Wall:** 4 **Level:** Novice - waltz

Choreographer: Karolina Ullentav (February 2017)

Music: Tim McGraw "Humble and Kind" - BPM 151

Intro: 48 counts - No Tags, No Restarts

Section 1: Basic waltz steps fwd and back

1LF step fwd

2RF step beside LF

3LF step in place

4RF step back

5LF step beside RF

6RF step in place

Section 2: Basic waltz steps fwd turning ½ left and basic waltz steps back

1LF step fwd

2RF step fwd turning ½ left

3LF step beside RF (facing 06.00)

4RF step back

5LF step beside RF

6RF step in place

Section 3: Twinkle steps fwd right and left

1LF crossing over RF stepping slightly fwd

2RF step right

3LF step beside RF

4RF crossing over LF stepping slightly fwd

5LF step left

6RF step beside LF

Section 4: Steps and sweeps fwd

1LF step fwd

2-3RF sweep fwd

4RF step fwd

5-6LF sweep fwd

Section 5: Steps, turn $\frac{1}{4}$ left, grapevine to left

1LF step fwd

2RF step fwd

3 With weight on RF turn $\frac{1}{4}$ left (facing 03.00) and then shift your weight to LF

4RF step in front of LF

5LF step left

6RF step behind LF

Section 6: Big step left, drag and touch beside, big step right, drag and touch beside

1LF big step left

2-3RF drag slowly and touch beside LF

4RF big step right

5-6LF drag slowly and touch beside RF

Section 7: Step fwd and kick softly fwd, basic waltz steps back

1LF step fwd

2-3RF kick softly fwd

4RF step back

5LF step beside RF

6RF step in place

Section 8: Basic waltz steps fwd turning ½ left and basic waltz steps back

1LF step fwd

2RF step fwd turning ½ left

3LF step beside RF (facing 09.00)

4RF step back

5LF step beside RF

6RF step in place

Enjoy!

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