

# Keep Your Head Up

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**Count:** 48

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Francesca Gilmore

**Music:** Keep Your Head Up by Andy Grammer

**Start on vocals. 16 counts from start of music.**

**Right slide lock, left slide lock, cross rock side, cross rock 1/4 step**

- 1, 2&** Step right forward to right diagonal slide left to right, lock left behind (2), step forward on right(&).
- 3, 4&** Step left forward to left diagonal slide right to left, lock right behind(4) step forward on left(&).
- 5&6** Cross rock right over left, recover weight back onto left (&), step right to right side (6)
- 7&8** Cross rock left over right, recover weight back onto right (&) step left 1/4 turn to your left (8).

**1/4 big step back rock side step, behind side cross side rock cross and cross**

- 1, 2&3** Step forward on right turning a quarter left drag left to right foot, left back rock(2)recover weight onto right(&) step left to left side(3).
- 4&5** Step right behind left, step left to left side, step right across left
- 6&7&8** Left side rock recover and cross left over right, step right to right side and cross left over right.

**Right side rock, left side rock, right rumba box**

- 1, 2&** Right side rock recover weight onto left (2), step right next to left (&)
- 3,4 &** Left side rock recover weight onto right (4), step left next to right (&)
- 5&6** Side step right, left together, step right forward
- 7&8** Side step left, right together, step left back

**Walk back x2 (optional full turn back on two counts), right coaster step, rock forward left, side rock left, right touch side, heel hook.**

- 1, 2** Walk back right, left
- 3&4** Right back, left together, right forward

- 5&6&** Rock forward on left (5) recover weight back onto right(&), rock left to left side(6) recover weight back onto right(&),
- 7&8&** Step left together(7), point right toe to right side(&), tap right heel forward (8) hook right foot across left shin (&).

**Restart!**

**Tag end of wall 1 and 3.**

**Rock forward recover hook, shuffle forward, repeat on left**

- 1, 2&** Rock forward on right(1) recover weight back onto left(2), hook right foot across left shin(&),
- 3&4** Step right forward, left together, step forward on right
- 5,6&** Rock forward on left(5) recover weight back onto right(6), hook left foot across right shin(&)
- 7&8** Step forward on left, right together, step forward on left.

**Side together back, side together back, back shuffle, coaster step.**

- 1&2** Side right, left together, step back on right
- 3&4** Side left, right together, step back on left
- 5&6** Step back right, step left together, step back right
- 7&8** Step left back, step right together, step left forward