

HEAT STROKE

LINEDANCE.COM

Count: 32

Wall: 4

Level: intermediate

Choreographer: Beth Ronfeldt

Music: She's So Hot by Eric Heatherly

Begin dance either after 4 count of drum sticks or wait 32 more counts

VINE RIGHT WITH $\frac{1}{4}$ TURN, HOLD, STEP SCUFF 2X

- 1-4 Step right foot to right side, step left foot behind right, step right foot forward a $\frac{1}{4}$ turn right, hold
- 5-6 Step left foot forward, scuff right foot forward
- 7-8 Step right foot forward, scuff left foot forward

ROCK FORWARD LEFT, $\frac{1}{2}$ TURN, HOLD, HEELS, TOES, HEELS, TOES

- 1-2 Rock left foot forward, recover weight onto right foot
- 3-4 Pivot on right foot $\frac{1}{2}$ turn left and step left foot forward, hold
- 5 Placing feet together, swivel heels to the right
- 6 Swivel toes to the right
- 7 Swivel heels to the right
- 8 Swivel toes to the right

JAZZ BOX, HOLD, STEP, HOLD, $\frac{1}{2}$ PIVOT, HOLD

- 1-4 Cross left foot over right, step right foot back, step left foot beside right, hold
- 5-6 Step right foot forward, hold
- 7-8 Pivot $\frac{1}{2}$ turn left, hold

WALK, $\frac{1}{2}$ PIVOT WITH HEEL TOUCH, HOLD, KNEE POPS (OR DWIGHT SWIVELS)

- 1-4 Step right foot forward, step left foot forward, pivot on left foot $\frac{1}{2}$ turn right and touch right heel forward, hold
- 5 Drop right toes and with weight on ball of right foot, pop right knee inward
- 6 Pop right knee outward
- 7 Pop right knee inward
- 8 Pop right knee outward

REPEAT

Option: instead of knee pops on the last 4 counts, you can do Dwight swivels:

- 5 Swivel left heel right and touch right toes in
- 6 Swivel left toes right and touch right heel in
- 7 Swivel left heel right and touch right toes in
- 8 Swivel left toes right and touch right heel in

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=51991