

# BACK FOREVER

LINEDANCE.COM

**Count:** 32

**Wall:** 4

**Level:** beginner/intermediate

**Choreographer:** Chris Cleevely

**Music:** Now And Forever by Anne Murray

## CROSS ROCK, STEPS (X 4)

- 1&2** Cross rock right over left, recover weight on left (stepping back slightly), step forward on right
- 3&4** Cross rock left over right, recover weight on right, (stepping back slightly) step forward on left
- 5&6** Repeat steps 1&2
- 7&8** Repeat steps 3&4

## MAMBO ½ TURN RIGHT; FULL TURN FORWARD (OR LEFT FORWARD SHUFFLE); PRISSY STEPS; FORWARD COASTER STEP

- 9&10** Rock forward on right, recover weight on left, step ½ turn right
- 11&12** Make a full turn forward over right shoulder stepping left/right/left
- 13-14** Twist right over left, twist left over right
- 15&16** Step forward on right, step left by right, step back on right

## SAILOR ¼ TURN LEFT; ROCK FORWARD, RECOVER, STEP BACK; ROCK BACK, RECOVER, STEP FORWARD; FORWARD RIGHT LOCK STEP

- 17&18** Cross left behind right, making ¼ turn left step right to right side & left to left side
- 19&20** Rock forward on right, recover weight on left, step back on right
- 21&22** Rock back on left, recover weight on right, step forward on left
- 23&24** Step forward on right, lock left behind right, step forward on right

## ¼ TURN RIGHT, TOUCH RIGHT; RIGHT CHASSE ¼ TURN RIGHT; RIGHT ¼ TURN, LEFT CHASSE ¼ TURN LEFT; BALL STEP, TOUCH RIGHT

- 25-26** Making ¼ turn right, step left to left side, touch right toe by left
- 27&28** Step right to right side, step left next to right, step ¼ turn right
- 29&30** Making ¼ turn right, step left to left side, step right by left, step ¼ turn left
- &31-32** Take weight onto ball of right foot, step forward on left, touch right toe by left

**REPEAT**

**RESTART**

**(Anne Murray track only)**

**On wall 7 (when instrumental begins) dance up to and including count 26, then step  $\frac{1}{4}$  turn right - weight on right (count 27), step forward on left (count 28) and restart the dance**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=63788](https://www.linedance.com/index.php?f=dance_view&id=63788)