

NOTHIN' TO LOSE

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Count: 40

Wall: 4

Level: beginner/intermediate

Choreographer: Dan Neilson

Music: Nothin' To Lose by Josh Gracin

RIGHT STOMP, RIGHT KICK, RIGHT & LEFT SAILOR STEP, STOMP RIGHT & LEFT

- 1-2 Stomp right foot in place, kick right foot out to right side
- 3&4 Cross right foot behind left, rock left to left side, step right to right side
- 5&6 Cross left foot behind right, rock right to right side, step left to left side
- 7-8 Stomp right foot in place, stomp left foot in place

SWIVEL HEELS WITH $\frac{1}{4}$ TURN LEFT, SHUFFLE, KICK TURNS $\frac{1}{2}$ TURN LEFT, START JAZZ SQUARE

- 1-2 Swivel both heels to the right twice ending with a $\frac{1}{4}$ turn to the left
- 3&4 Shuffle forward, left, right, left
- 5-6 Kick right foot forward and spin a $\frac{1}{4}$ turn to the left on left foot, repeat
- 7-8 Cross right foot in front of left, step back on left foot

FINISH JAZZ SQUARE WITH A HITCH, STOMPS, APPLE JACK, SHUFFLE

- 1-2 Step right foot to right side, hitch left knee up
- 3-4 Stomp left foot in place, stomp right foot in place
- 5 With weight on right toe and left heel, swivel right heel and left toe to the left creating a V
- & Return feet to center
- 6 Change weight to right heel and left toe, swivel right toe and left heel to the right creating a V
- 7&8 Shuffle forward right, left, right

SHUFFLE, KICK TURN KICK, COASTER STEP, SHUFFLE

- 1&2 Shuffle forward left, right, left
- 3&4 Kick right foot forward, spin $\frac{1}{2}$ turn to the left on left foot, kick right foot forward
- 5&6 Step back on right foot, step back on left foot to meet right, step forward on right foot
- 7&8 Shuffle forward left, right, left

SHUFFLES WITH ½ TURNS, JAZZ SQUARE WITH A STOMP

1&2 Shuffle forward right, left, right with a ½ turn to the left

3&4 Shuffle forward left, right, left with a ½ turn to the left

5-6 Cross right foot in front of left, step back on left foot

7-8 Step right foot to right side, stomp left foot in place

REPEAT