

# LONE STAR

LINEDANCE.COM

**Count:** 26      **Wall:** —      **Level:** —

**Choreographer:** Unknown

**Music:** All My Rowdy Friends by Hank Williams Jr.

## LEFT HEEL STEP, RIGHT HEEL, STEP

- 1      Left heel out a 45 degree angle
- 2      Left foot to position
- 3      Right heel out to 45 degree angle
- 4      Right foot to position

## HEEL SPLITS, TOGETHER, KNEE BENDS, STRAIGHTEN

- 5      On ball part of feet, open heels outward
- 6      On ball part of feet, return heels back to center
- 7      Bending knees slightly, dip down
- 8      Using feet, push and straighten knees back to start position

## RIGHT HEEL, STEP, LEFT TOE, STEP

- 9      Right heel out to 45 degree angle
- 10     Right step to position
- 11     Left toe touch behind right heel
- 12     Left step to position

## HEELS LEFT, CENTER, LEFT, CENTER

- 13     Swivel heels of both feet to left
- 14     Swivel heels back to center position
- 15     Swivel heels of both feet to left
- 16     Swivel heels back to center position

**The next step pattern is a set of two shuffle steps beginning with the Right foot and alternating to the Left foot.**

## SHUFFLE RIGHT

- 17     Step forward onto right foot

**18** Slide left foot up to and behind right foot

**19** Step forward onto right foot

### **SHUFFLE LEFT**

**20** Step forward onto left foot

**21** Slide right foot up to and behind left foot

**22** Step forward onto left foot

### **RIGHT GRAPEVINE TURNING LEFT**

**23** Swing right foot out and around in front of left while turning  $\frac{1}{4}$  turn to the left

**24** Step down onto right in front of left

**25** Bring left foot out to left side

**26** Place right foot behind left heel

### **REPEAT**