

CAROLINA STOMP

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Count: 60 **Wall:** 4 **Level:** —

Choreographer: Donna Mussman & Greg Underwood

Music: Hard Workin' Man by Brooks & Dunn

TOE/HEEL DROPS

- 1 Step forward on right toes
- 2 Step down in place on right heel
- 3 Step forward on left toes
- 4 Step down in place on left heel
- 5 Step forward on right toes
- 6 Step down in place on right heel
- 7 Step forward on left toes
- 8 Step down in place on left heel

POLKA, POLKA WITH ¼ TURN

- 9&10 Shuffle forward right, left, right
- 11&12 Shuffle forward left, right, left turning ¼ left on beat 12

FLEA HOPS

- &13 Bring right knee up, step back right
- &14 Bring left knee up, step back left
- &15 Bring right knee up, step back right
- &16 Bring left knee up, step back left

Progress slightly backward while doing this move with weight bearing foot hopping slightly back each time.

KICK-BALL-CHANGE, SCUFF, HOP/TURN, STEP

- 17&18 Kick right foot forward, place ball of right foot beside left, shift weight to left
- 19&20 Scuff right, turn ¼ left and hop on left foot, step right beside left

SHUFFLE, KICK-BALL-CHANGE

- 21&22 Shuffle in place left, right, left

23&24 Kick right foot forward, place ball of right foot beside left, shift weight to left

SCUFF, HOP/TURN, STEP, SHUFFLE IN PLACE

25&26 Scuff right, turn $\frac{1}{4}$ left and hop on left foot, step right beside left

27&28 Shuffle in place left, right, left

JAZZ BOXES

29 Step on right after crossing it in front of left

30 Step back on left

31 Step to right on right

32 Scuff left beside right

33 Step on left after crossing it in front of right

34 Step back on right

35 Step to left on left

36 Stomp right beside left

SYNCOPATED SIDE STEPS

&37 Step to right on right, step left beside right

38 Hold

&39 Step to right on right, step left beside right

40 Hold

&41 Bump left heel against right heel, step left in place

42 Step right in place

&43 Bump left heel against right heel, step left in place

44 Step right in place

&45 Step to left on left, step right beside left

46 Hold

&47 Step to left on left, step right beside left

48 Hold

&49 Bump right heel against left heel, step right in place

50 Step left in place

&51 Bump right heel against left heel, step right in place

52 Step left in place

STEP, PIVOT ½, PIVOT ½, PIVOT ½, REPEAT

53 Step forward right on right

54 Swivel on balls of feet ½ turn to left

55 Swivel on ball of left foot and step on right ½ to right

56 Swivel on ball of right foot and step ½ turn to left

57 Step forward right on right

58 Swivel on balls of feet ½ turn to left

59 Swivel on ball of left foot and step on right ½ to right

60 Swivel on ball of right foot and step ½ turn to left

Feet remain shoulder width apart during this move

REPEAT