

# Miss Incredible

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**Count:** 32                      **Wall:** 4                      **Level:** Intermediate

**Choreographer:** Jo Thompson Szymanski (16th Sept 2014)

**Music:** "Miss Incredible" by Mark Ballas. CD: "Kicking Clouds"

**(32 count intro) - (No Tags - No Restarts)**

**Note: Check out Mark Ballas' music video to this song (on youtube)...really fun to watch!**

**[1-8] FULL TURN R, R TRIPLE/CHASSE, CROSS, SIDE, SAILOR STEP with 1/4 TURN L**

- 1-2**            Turn 1/4 right step R forward; Turn 1/2 right step L back
- 3&4**            Turn 1/4 right step R to right; Step L together; Step R to right
- 5-6**            Step L across R; Step R to right
- 7&8**            Turning 1/4 left: Step L behind R; Step R to right; Step L forward

**Variation: On counts 3&4, you may choose to do another full turn right.**

**[9-16] DIAGONAL STEP TOUCHES, SIDE ROCK AND CROSS, HOLD, BALL CROSS**

- 1-2**            Angle body slightly L: Step R diagonally forward/side right; Touch L beside R
- 3-4**            Angle body slightly R: Step L diagonally forward/side left; Touch R beside L

**Styling: On the step touches - get funky...bend knees and stay low.**

- 5&6**            Square up: Rock R to right; Recover onto L; Step R across L
- 7**                Hold
- &8**                Step ball of L to left; Step R across L

**[17-24] SIDE ROCK LEFT, 3/8 TURN R, WALK x 2, ROCK FORWARD, RECOVER, BACK x 3**

- 1-2**            Rock L to left (push hips to left); Turn 3/8 right shift weight to R (facing 1:30)
- 3-4**            Walk forward L, R (toward 1:30) with lots of attitude!
- 5-6**            Rock L forward (add some style with hips or roll body back); Recover back to R

**7&83 small steps back L, R, L (still facing 1:30 - moving back toward 7:30)**

**Styling: On 3 small steps back - add some hips, knees, shoulders, swivels/fan toe out, etc.**

## **[25-32] BACK, TOUCH, "SAMBA" 3/8 TURN L, JAZZ BOX CROSS**

**1** Step R back with R shoulder slightly back

**Styling: As you step back, you may roll body back/down into a "sit position" bending R knee.**

**2** Touch ball of L in place/forward (L knee bent)

**3&4** Step L forward toward 1:30 turning 1/8 left; Turn 1/4 left rock ball of R to right; Recover to L

**5-6** Step R across L; Step L back

**7-8** Step R to right; Step L across R (prep body slightly left to prepare for turn)

**Variation: On counts 29-32, instead of the jazz box, you may cross R over L and slowly unwind a full turn left ending with weight on L and body prepped to the left.**

**START AGAIN.**

**ENDING: You will be facing the front (12:00) at the end of the song/end of the dance.**

**You have one**

**extra count to do your most "incredible" pose!**

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