

# Amen

LINEDANCE.COM

**Count:** 64

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Caroline Cooper And Alexis Strong . October 2017

**Music:** Amen by The Fizz - Amazon - 3mins 23sec

## (Restart Wall 3 - End Of Section 6)

**Start dance on the word Brave approx. 4 beats**

### **SECTION 1- CROSS ROCK, CHASSE ¼ TURN R, STEP ¼ TURN R, CROSS LEFT SHUFFLE**

- 1-2** Rock R over L (1), Recover On L (2)
- 3&4** Step R to R side, (3) step L next to R, (&) ¼ R stepping forward R (4)
- 5-6** Step Fwd L, (5) Making 1/4 R, Step On R (6)
- 7&8** Cross L over R, (7) step R to R side, (&) cross L over R (8) 6:00

### **SECTION 2- SIDE RIGHT HOLD, LEFT TOGETHER, RIGHT SIDE, LEFT TOUCH, LEFT SIDE, RIGHT TOUCH, CHASSE RIGHT.**

- 1-2** Step R to R side (1) Hold (2)
- &3-4** Step L next to R, (&) step R to R side, (3) Touch L next to R (4)
- 5-6** Step L to L side (5) touch R next to L (6)
- 7&8** Step R to R side, (7) Close L next to R, (&) step R to R side (8) 6:00

### **SECTION 3- ROCK BACK RECOVER, X2 KICK BALL CROSS, SIDE ROCK RECOVER.**

- 1-2** Rock Back On L (1) Recover Fwd On R (2)
- 3&4** Kick L (3) Step L (&) Cross R Over L (4)
- 5&6** Kick L (5) Step L (&) Cross R Over L (6)
- 7-8** Rock L To L (7) Recover On R (8) 6:00

### **SECTION 4- 1/4 SAILOR STEP, RIGHT SHUFFLE, X2 1/4 PIVOT TURNS.**

- 1&2** Cross L Behind R (1) Making 1/4 Turn L, Step On R (&) Step On L (2) 3:00
- 3&4** Step Fwd R (3) Step L To R (&) Step Fwd R (4)
- 5-6** Step L Fwd (5) Making 1/4 R, Step On R (6) 6:00
- 7-8** Step L Fwd (7) Making 1/4 R, Step On R (8) 9:00

## **SECTION 5- ROCK LEFT FORWARD, RECOVER, BACK LEFT SHUFFLE, BACK RIGHT ROCK, RECOVER, SWAY RIGHT, SWAY LEFT.**

- 1-2** Rock L Fwd, (1) Recover Back On R (2)  
**3&4** Step Back On L (3) Step R To L (&) Step Back On L (4)  
**5-6** Rock Back On R, (5) Recover Fwd On L (6)  
**7-8** Step R to R side And Sway R, (7) Sway L (8) 9:00

## **SECTION 6- CROSS POINT, CROSS POINT, UNWIND ½ TURN JUMP BACK, CLAP**

- 1-2** Cross R over L, (1) point L to L side (2)  
**3-4** Cross L over R, (3) point R to R side (4)  
**5-6** Cross R over L, (5) unwind ½ turn over L (6)  
**&7-8** Jump back L, (&) jump back R, (7) clap (8) 3:00 (RESTART HERE 9 OCLOCK)

## **SECTION 7- GRAPEVINE 1/4 TURN, 1/4 GRAPEVINE 1/4 TURN, LEFT PIVOT 1/2 TURN.**

- 1-2** Step L To L (1) Cross R Behind L (2)  
**3-4** Make 1/4 Turn L, Step On L (3) 12:00 Make 1/4 Turn L, Step On R (4) 9:00  
**5-6** Cross L Behind R (5) Make 1/4 Turn R, Step On R (6) 12:00  
**7-8** Step L Fwd (7) Pivot 1/2 Turn, Step On R (8) 6.00

## **SECTION 8- FORWARD LEFT SHUFFLE, RIGHT STEP PIVOT 1/2 TURN, 1/4 RIGHT JAZZ BOX STEP.**

- 1&2** Step L Fwd (1) Step R To L (&) Step L Fwd (2)  
**3-4** Step R Fwd (3) Make 1/2 L, Step On L (4) 12:00  
**5-6** Cross R Over L (5) Step L Back 1/4 Turn R (6)  
**7-8** Step R To R (7) Step Fwd L (8) 3:00

## **CONTACT DETAILS**

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