

# NOSTALGIA

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**Count:** 64

**Wall:** 4

**Level:** intermediate/advanced

**Choreographer:** Deb Crew

**Music:** Bend It Until It Breaks by John Anderson

**This is a very smooth and graceful dance that requires some practice. Start dance when the artist begins his lyrics. I have choreographed rolling vines for steps 13-16 and steps 29-32 but straight 4 beat vines may be substituted.**

## **ROCK-STEP; STEP ACROSS, BRUSH**

**1-2** Rock to side right on right foot, step in place on left

**3-4** Step right across left, brush the left

## **LEFT VINE WITH ½ TURN LEFT, BRUSH RIGHT**

**5-6** Step side left, step right behind left

**7-8** Step ½ turn left on left foot, brush the right

## **RIGHT VINE**

**9-12** Step side right on right foot, step left behind right, step side right, touch left beside left

## **ROLLING LEFT VINE**

**13-16** Rolling left vine: step left, step right, step left - you should now have completed a full turn to the left in 3 counts - touch right beside left (weight on left)

**17-32** Repeat steps 1-16

## **STEP FORWARD, TOGETHER, STEP FORWARD, TOUCH**

**33-34** Step forward on right, step left together with right

**35-36** Step forward on right, touch left beside right (weight on right)

## **STEP BACK, TOGETHER, STEP BACK, TOUCH**

**37-38** Step back on left, step right together

**39-40** Step back on left, touch right to left (weight on left)

## **STEP FORWARD, TOUCH, STEP BACK, TOUCH**

**41-42** Step forward on right, touch left heel forward

**43-44** Step back on left, touch right toe beside left (weight on left)

### **BALL-CROSS, STEP SIDE, STEP BEHIND, BALL-CROSS**

**&45** Small step to the right side on right foot, cross & step left over right (weight on left)

**46-47** Step side right, step left behind right

**&48** Small step to the right side on right foot, cross & step left over right (weight on left)

### **STEP FORWARD, ½ TURN, ROCK-STEP, TURNING SHUFFLE**

**49-50** Step forward on the right, step ½ turn to the left on left foot

**51-52** Rock forward on right, step in place on left

**53&54** One 3-step shuffle while ½ turning to the right: right left right

### **STEP FORWARD, ½ TURN, ROCK-STEP, TURNING SHUFFLE**

**55-56** Step forward on the left, step ½ turn to the right on right foot

**57-58** Rock forward on the left, step in place on the right

**59&60** One 3-step shuffle while ½ turning to the left: left right left

### **STEP FORWARD, ½ TURN; STEP FORWARD ¾ TURN**

**61-62** Step forward on the right, step ½ turn to the left on the left foot - pivoting on the right

**63-64** Step forward on the right, step ¾ turn to the left on the left - pivoting on the right (weight on left)

### **REPEAT**