

AMEN

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Count: 108

Wall: 2

Level: Intermediate

Choreographer: Tine Norup , DK (Jan 2011)

Music: Amen by Raquel Rae (CD: Amen)

Intro - 16 Count Start on Vocals

Section 1: Side Together, Pivot 1/2 turns, Right Shuffle

- 1-2** Step right to right side, Step left next to right
- 3&4** Step right to right side, Step left next to right, Step forward on right
- 5-6** Step forward on left Pivot 1/2 turns right
- 7&8** Step forward on left, Step right beside left, Step forward on left

Section 2: Repeat steps of Section 1:

Section 3: Fwd Mambo, LockStep Back, Shuffle 1/2 Turn Right Shuffle Forward

- 1&2** Step Forward On Right, Rock Weight Back Onto Left, Step Right Next To Left
- 3&4** step left back. Lock right Across left step left back
- 5&6** Make 1/2 turn right stepping back on Right, close Left next to Right, forward right
- 7&8** Step forward on left, Step right beside left, Step forward on left

Section 4: Repeat steps of Section 3: Than Right Shuffle 1&2

Section 5: Left Heel Hook, Flick, Forward Left Shuffle

- 1-4** Touch L heel forward, Hook L across Right shin, Touch L heel forward, Flick L heel back
- 5-8** Shuffle forward stepping L, R, L hold

Section 6: Right Heel Hook, Flick, Forward Right Shuffle

- 1-4** Touch R heel forward, Hook R across left shin, Touch R heel forward, Flick R heel back
- 5-8** Shuffle forward stepping R, L, R hold

Section 7: Point. Touch Rock 1/2 Shuffle Turn Left

- 1&2&** Point left to left side, left to right , Point right to right side
- &3&4** Right to left, Point left to left side, left to right, heel forward right

5-6right to left, rock left forward recover

7&8 Make ½ turn left stepping back on left, close Right next to Left,forward Left

Sections 8,9,10: Repeat steps of Section: 5, 6, 7 With Right Heel Hook (Section 5)

Section 11: Left Side Rock Cross Syncopated Weave

1&2 Rock left to left side Recover onto right Cross left over right

3&4 Rock right to right side Recover onto left Cross right over left

5-6rock side left recover

7&8left behind right, right step side left cross over right

Section 12: Right Side Rock Cross Syncopated Weave Pivot 1/2 Turns Shuffle

1-2rock side right recover

3&4right behind left, left step side right cross over left

5-6 Step forward on left Pivot 1/2 turns right

7&8 Step forward on left, Step right beside left, Step forward on left

Section 13:Right Side Rock Cross Syncopated Weave

1&2 Rock right to right side Recover onto left Cross right over left

3&4 Rock left to left side Recover onto right Cross left over right

5-6rock side right recover

7&8right behind left, left step side right cross over left

9-10rock side left recover

11&12left behind right, right step side left cross over right

ENDING:After Section13

Pivot 1/2 Turns Left, Shuffle Right, Side Together,

1-2 Step forward on right Pivot 1/2 turns left (Facing 12 o'clock)

3&4 Step forward on right, Step left beside right, Step forward on right

5-6 Step left to left side, Step right next to left (Facing 6 o'clock)

7&8 Step left to left side, Step right next to left, Step forward on left

Pivot 1/2 Turns Left, Shuffle Right, Side Together, Touch

1-2 Step forward on right Pivot 1/2 turns left(Facing 6 o'clock)

3&4 Step forward on right, Step left beside right, Step forward on right

5-6 Step left to left side, Step right next to left (Facing 12 o'clock)

7&8& Step left to left side, Step right next to left, Step forward on left , Touch Right to Left.