

Bodies

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Count: 30 **Wall:** 4 **Level:** Intermediate

Choreographer: Ulrika Rapp (Sweden) Jan 2010

Music: Bodies by Robbie Williams

Start after approximately 24 Counts from start of track at about 19 seconds

Step forward, side rocks twice, cross rock side twice

- 1&2** Step forward on right foot, rock left foot to left side, recover weight onto right
- 3&4** Step forward on left foot, rock right foot to right side, recover weight onto left
- 5 6&** Cross rock right foot over left, recover weight back on left, step right foot to right side
- 7 8&** Cross rock left foot over right, recover weight back on right, step left foot to left side

Cross, side, behind, side, cross, rock, left diagonal run back

- 1 2** Cross right over left, Step left to left side
- 3&4** Cross right behind left, step left to left side, cross right over left
- 5 6** Rock left forward, recover onto right
- 7&8** Step back on left, right, left, on left diagonal (***) (***)

Side rock, side, behind, turn 1/4, step turn 1/2, side, behind, turn 1/4

- 1 2** Rock right to right side, recover to left (12.00)
- 3&4** Step down on right foot, cross left behind right, make a $\frac{1}{4}$ turn right stepping on right
- 5 6** Step left forward, turn $\frac{1}{2}$ right

7&8 $\frac{1}{4}$ turn right by stepping left, cross right behind left, make a $\frac{1}{4}$ turn left stepping on left.

Step, anchor step, 1/2 left sailor

- 1 2** Step forward on right, step forward on left
- 3&4** Step right behind left and rock back, recover weight to left, rock back on right
- 5&6** Make 1/2 turn left crossing left behind right, Step right to right side, step left to left side

*****TAG 1**

During 4th wall after 16 counts

Sway hips

1 2 Sway Right to Right side, recover to left

3 4 Sway Right to Right side, recover to left

5 6 Sway Right to Right side, recover to left

Restart dance from the beginning.

*****TAG 2**

During 8th wall after 16 counts

Sway hips

1 2 Sway Right to Right side, recover to left

3 4 Sway Right to Right side, recover to left

Restart dance from the beginning.