

# DANCE LITTLE DIXIE

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**Count:** 48

**Wall:** 4

**Level:** intermediate

**Choreographer:** Barbara Mendelsohn

**Music:** Bang, Bang, Bang by The Nitty Gritty Dirt Band

## HIP BUMPS, ARM PUMPS

- 1-2** Step left foot to left side while pumping left arm and bumping left hip, pump and bump again
- 3-4** Step left beside right; clap hands
- 5-6** Step right foot to right side while pumping right arm and bumping right hip; pump and bump again
- 7-8** Step right beside left; clap hands

## KICK-BALL-CHANGE, CROSS, UNWIND, TOUCH OUT, STEP IN, BODY ROLL

- 9&10** Kick right foot forward; step ball of right beside left; step left in place
- 11-12** Cross-touch right over left; unwind ½ turn left
- 13-14** Touch right toe to right side; step right beside left
- 15&16** Body roll or shimmy

## FORWARD PROGRESSING 'MASHED POTATOES'

- &** Swivel left heel out as you lift right foot off the floor
- 17** Place right ball of foot in front of left foot as you swivel both heels to center
- &18** Swivel both heels out; swivel both heels in
- &** Swivel right heel out as you lift left foot off the floor
- 19** Place left ball of foot in front of right foot as you swivel both heels to center
- &20** Swivel both heels out; swivel both heels in
- &** Swivel left heel out as you lift right foot off the floor
- 21** Place right ball of foot in front of left as you swivel both heels to center
- &22** Swivel both heels out; swivel both heels in
- &** Swivel right heel out as you lift left foot off the floor
- 23** Place left ball of foot in front of right as you swivel both heels to center
- &24** Swivel both heels out; swivel both heels in

## **WALK, WALK, TRIPLE STEP, ½ TURN, SHUFFLE, STOMPS**

- 25-26** Step right forward, then left
- 27&28** Cross-step right behind left; step left in place; step back on right
- &** Turn ½ left on right foot
- 29&30** Step left foot forward; step right together; step left foot forward
- 31-32** Stomp right; stomp left

## **¾ TURN, TOUCH, SIDE-SHUFFLE, ROCK STEP**

- 33-34** Turning ¼ right, step on right; turning ¼ right, step on left foot
- 35-36** Turning ¼ right, step on right; touch left beside right
- 37&38** Step left foot to left side; step right together; step left to left side
- 39-40** Rock diagonally back onto right foot; step forward onto left

## **HEEL, TOE, HITCH, STEP; HEEL, TOE, HITCH, STEP**

- 41&42** Touch right heel forward to right diagonal; step right in place (facing diagonal); touch left toe back to left diagonal
- 43** Hitch left knee
- 44&45** Step left in front of right facing current wall: step right to right side (facing left diagonal); touch left heel forward to left diagonal
- &46** Step left in place (continuing to face diagonal); touch right toe back to right diagonal
- 47-48** Hitch right knee; step right in front of left facing current wall

## **REPEAT**