

BALLO AL DESTRO E SINISTRO

LINEDANCE.COM

Count: 64

Wall: 2

Level: beginner/intermediate

Choreographer: Gary Lafferty

Music: Bella Bella Signorina by Patrizio Buanne

SIDE, TOGETHER, SIDE, HOLD, CROSS-ROCK, RECOVER, SIDE, HOLD

- 1-4** Step to left on left foot, step on right foot beside left, step to left on left foot, hold
- 5-8** Cross-rock right foot over left, recover weight back onto left foot, step to right on right foot, hold

CROSS, SIDE, BEHIND, SIDE, CROSS-ROCK, RECOVER, SIDE, HOLD

- 1-4** Cross-step left over right, step to right on right, cross-step left behind right, step to right on right foot
- 5-8** Cross-rock left foot over right, recover weight back onto right foot, step to left on left foot, hold

STEP FORWARD, HOLD, ROCK STEP, STEP BACK, HOLD, ROCK STEP

- 1-4** Step forward on right foot, hold, rock forward on left foot, recover weight back onto right foot
- 5-8** Step back on left foot, hold, rock back on right foot, recover weight onto left foot

STEP FORWARD, HOLD, ½ TURN, HOLD, STEP FORWARD, ½ TURN, STEP FORWARD, HOLD

- 1-4** Step forward on right foot, hold, pivot ½ turn to left, hold
- 5-8** Step forward on right foot, pivot ½ turn to left, step forward on right foot, hold

SIDE, HOLD, TOGETHER, HOLD, SIDE, TOGETHER, CROSS, HOLD

- 1-4** Step to left on left foot, hold, step on right foot beside left hold
- 5-8** Step to left on left foot, step on right foot beside left, cross-step left foot over right, hold

SIDE, HOLD, TOGETHER, HOLD, SIDE, TOGETHER, CROSS, HOLD

- 1-4** Step to right on right foot, hold, step on left foot beside right, hold
- 5-8** Step to right on right foot, step on left foot beside right, cross-step right foot over left, hold

STEP LEFT, HOLD, ROCK BACK, RECOVER, STEP RIGHT, HOLD, ROCK BACK, RECOVER

1-4 Step to left on left foot, hold, rock back on right foot, recover weight onto left foot

5-8 Step to right on right foot, hold, rock back on left foot, recover weight onto right foot

SIDE, TOGETHER, BACK, HOLD, TRIPLE ½ TURN RIGHT, HOLD

1-4 Step to left on left foot, step on right foot beside left, step back on left foot, hold

5-7 Make a ½ turn over right shoulder in place, stepping on right-left-right

8 Hold

REPEAT