

DIG THE GROOVE

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Count: 32

Wall: 4

Level: intermediate/advanced

Choreographer: Bill Bader

Music: Super Duper Love by Joss Stone

ANGLE FORWARD, SLIDE TOGETHER, SWIVEL LEFT-RIGHT-LEFT; REPEAT IDENTICALLY

- 1 Big step right forward with right toe angled left (body faces 10:30)
- 2 Slide left toe toward right ending with left foot flat next to right foot (toes angled left)
- 3&4 Swivel heels to left, swivel heels to right, swivel heels to left
- 5-6 Repeat 1-2
- 7&8 Repeat 3&4

ANGLE BACK, SLIDE TOGETHER, ½ TURNING SHUFFLE, HEEL-BALL-CROSS, ¼, HEEL, BACK ¼, CROSS

- 1 Step right back on diagonal right (body facing 1:30)
- 2 Slide left toe in toward right (starting to turn left)
- 3&4 Shuffle back on left-right-left turning ½ left (6:00)
- 5 Touch right heel forward
- &6 Step ball of right beside left heel, cross step left over right
- &7 Step right to right side turning ¼ left, touch left heel forward
- &8 Step left back turning ¼ left (12:00), cross step right over left

& CROSS, POINT LEFT, CROSS, POINT RIGHT, SYNCOPATED ROCKS

- &1 Step left slightly to left side, cross step right over left
- 2 Touch left toe to left side
- 3-4 Cross step left over right, touch right toe to right side
- 5-6 Rock right forward, rock back onto left
- & Step right beside left
- 7-8 Rock step left forward, rock back onto right

BACKWARD ROLLING 1-¼ TURN, SIDE SHUFFLE, HEEL-BALL-CROSS, SIDE, TOUCH, BACK LEFT

- 1** Step left back turning $\frac{1}{2}$ left
- 2** Step right forward turning $\frac{3}{4}$ left
- 3&4** Step left to left side, step right beside left, step left to left side
- 5** Touch right heel toward forward diagonal right
- &6** Step ball of right beside left heel, cross step left over right
- &7** Step right to right side, touch left toe beside right
- 8** Step left back on diagonal left drawing right toe back toward left

REPEAT