

# Hela Ho

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**Count:** 64      **Wall:** 2      **Level:** Phrased High Beginner

**Choreographer:** Janet (Zhen Zhen) Ge (China) May 2018

**Music:** Hela Ho by Die Campbells

## **Sequence: AABB - T- AABB - AT - BBB**

### **Intro: 32 counts**

### **Part A 32 counts**

#### **[1-8] Vine R, Side, Point, 1/4 Turn L, 1/4 Turn L Hitch**

1-4      Step R to side, cross L behind R, step R to side, cross L over R

5-8      Step R to side, point L diagonal R, 1/4 turn L step L forward, brush R & 1/4 turn L hitch R  
(6:00)

#### **[9-16] Vine R, Side, Point, 1/4 Turn L, 1/4 Turn L Hitch**

1-4      Step R to side, cross L behind R, step R to side, cross L over R

5-8      Step R to side, point L diagonal R, 1/4 turn L step L forward, brush R & 1/4 turn L hitch R  
(12:00)

#### **[17-24] Rumba Box**

1-4      Step R to side, step L together, forward shuffle R-L-R

5-8      Step L to side, step R together, back shuffle L-R-L

#### **[25-32] Rock, 1/2 Turn Back Shuffle, Rock, Fwd Shuffle**

1-4      Rock R back, recover on L, 1/2 turn L back shuffle R-L-R

5-8      Rock L back, recover on R, forward shuffle L-R-L (6:00)

### **Part B 32 Counts**

#### **[1-8] Out, Out, In, In, Hip-Bump R, Hip-Bump L**

1-4      Step R heel diagonal R, step L heel diagonal L, step R back, step L together

5-8      Step R to side & hip bump R-L-R, hip bump L-R-L

#### **[9-16] Pivot 1/4 Turn L (X2), Jazz Box Step**

1-4      Step R forward, 1/4 pivot L, step R forward, 1/4 pivot L,

**5-8** Cross R over L, step L back, step R to side, cross L over R (6:00)

**[17-24] Rock, Cross Shuffle, Rock, Cross Shuffle**

**1-4** Rock R to side, recover on L, cross shuffle R-L-R

**5-8** Rock L to side, recover on R, cross shuffle L-R-L

**[25-32] Rock, 1/2 Turn Fwd Shuffle, 1/2 Pivot R, Fwd Shuffle**

**1-4** Step R forward, recover on L, 1/2 turn R forward shuffle R-L-R

**5-8** Step L forward, 1/2 pivot R, forward shuffle L-R-L (6:00)

**Start again**

**Tag: 4 Counts**

**[1-4] Side, Touch, Side, Touch**

**1-4** Step R to side, touch L beside R, step L to side, touch R beside L

**Have Fun!**

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**Last Update - 1st June 2018**