

# NATURAL WOMAN

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**Count:** 48

**Wall:** 4

**Level:** beginner/intermediate

**Choreographer:** Rey Kleinsasser

**Music:** Natural Woman by Aretha Franklin

## LEFT TWINKLE, CROSS, SIDE, DRAG

**1-3** Left step across in front; right ball step out to side; left step out to side

**4-6** Right step across in front; left step out to side; right drag toward left, leaving weight on left

**Option: shimmy on 5&6& on walls 2 and 4**

## RIGHT TWINKLE, CROSS, SIDE, DRAG

**1-3** Right step across in front; left ball step out to side; right step out to side

**4-6** Left step across in front; right step out to side; left drag toward right, leaving weight on right

**Option: shimmy on 5&6& on walls 2 and 4**

## LEFT, RIGHT "MAMBO"

**1-3** Left step forward; rock back to right; left step together

**4-6** Right step forward; rock back to left; right step together

## LEFT, RIGHT "SAILOR"

**1-3** Left step across in back(swing out as you step); right step out to side; left step together

**4-6** Right step across in back(swing out as you step), left step out to side; right step together

## STEP, QUARTER, HOLD, DIAGONAL, ROCK, ROCK

**1-3** Left step forward; pivot  $\frac{1}{4}$  right turn; hold

**4-6** Left step diagonal forward; rock back to right; rock forward to left(now facing 3:00 wall)

## STEP, HALF, HOLD, DIAGONAL, ROCK, ROCK

**1-3** Right step forward; pivot  $\frac{1}{2}$  left turn; hold

**4-6** Right step diagonal forward; rock back to left; rock forward to right(now facing 9:00 wall)

## SEMICIRCLE WALK

**1-2** Left step forward into  $\frac{1}{12}$  turn(30 degrees); right step forward into  $\frac{1}{12}$  turn

3-6 Repeat 1-2 twice(now facing 3:00 wall). You may make 1 and 4 larger steps if you wish

### **DIAGONAL, RONDE, TOUCH, SIDE, DRAG**

1-3 Left step diagonal forward; right sweep to the left, slightly raised; right touch together

4-6 Right big step out to side; left drag to right for two counts(weight remains on right)

**Option: shimmy on 4&a5&a6&a on wall 5 (1/3 beat shimmies are preferred here due to "magic" rhythm of the song). This comes just before the tag if you are using Celine Dion's version**

### **REPEAT**

### **TAG**

**If you are using Celine Dion's version, at the end of the 5th wall:**

1-3 Left stomp(down) into  $\frac{1}{4}$  left turn; hold; right step together

4-6 Repeat 1-3

7-9 Left stomp diagonal forward; right sweep to the left, slightly raised; right touch together

**10-11&a-12Right step out to side; hold; (&) hold; (a) left step together; right step out to side**

**The syncopations here, 11&a12, are preferred in 1/3 beat due to the "magic" rhythm of the song. This is a modification of the last 12 counts of the dance.**

### **TAG**

**If you are using "Sweet Cherry Wine", no tag is required, but three 3-count tags are preferred. Insert this three times: before count 1 of wall 4, before count 13 of wall 5, and before count 1 of wall 6**

1-3 Step left forward, hold, rock back to right