

Loving Arms

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Count: 32 **Wall:** 4 **Level:** Intermediate

Choreographer: Annette Skaff (March 2015)

Music: Thinking Out Loud by Ed Sheeran

Intro: 32 Counts

STEP SIDE RIGHT, CROSS LEFT OVER, ROCK SIDE RIGHT RECOVER CROSS, BALL CROSS, STEP SIDE LEFT, RIGHT SAILOR

- 1,2 Step side right, cross left over right
- 3&4 Rock side right, recover, cross right over left
- &5,6 Step on ball of left, cross right over left, step side left
- 7&8 Cross right behind left, step side left, step together on right

(Restart here after walls 3 and 7 adding an "&" count by stepping on left)

SYNCOPATED WEAVE THREE, ¼ LEFT STEPPING BACK RIGHT, HALF TURN LEFT, SHUFFLE FORWARD RIGHT, LEFT MAMBO FORWARD

- 1&2 Cross left behind right, step side right, cross left over right
- 3,4 Make ¼ turn left stepping back right, make ½ turn left stepping forward left
- 5&6 Shuffle forward right, left, right
- 7&8 Rock forward left, recover right, step left beside right

RIGHT LOCK BACK, SHUFFLE ½ TURN LEFT, LEFT CHASE TURN, WALK LEFT, RIGHT

- 1&2 Step back right, lock left in front of right, step back right
- 3&4 Shuffle left, right, left making ½ turn left
- 5&6 Step forward right, pivot ½ turn left stepping on left, step forward right
- 7,8 Walk forward left, right (optional full turn right)

ROCK FORWARD LEFT, RECOVER, LEFT COASTER CROSS, ROCK SIDE RIGHT RECOVER CROSS, RIGHT HEEL JACK, BALL CROSS

- 1,2 Rock forward left, recover right
- 3&4 Step back left, step together on right, cross left over right
- 5&6 Rock side right, recover left, cross right over left

&7&8 Step back on left, touch right heel forward, step together on ball of right foot, cross left over right

RESTARTS End of walls 3 and 7 (both facing 9 o'clock wall)

Dance the first 8 counts of the dance adding an "&" count stepping on the left

Ending: After the chase turn in wall 10, cross left over right and unwind $\frac{1}{2}$ turn right to face the front

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=103600