

# DANCE AND SHOUT

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**Count:** 48      **Wall:** 2      **Level:** intermediate/advanced

**Choreographer:** Brian Barakauskas & Markus & Steffen Raus

**Music:** Dance & Shout by Shaggy

- 1-2**      Touch left foot forward, touch left foot back
- 3&4**      Triple forward---left, right, left
- 5&6**      Step forward on right foot, turn  $\frac{1}{2}$  to left with weight ending on left foot, step forward on right foot
- 7-8**      Sweep left foot (ronde), turn  $\frac{1}{2}$  to right finish with left foot next to right foot
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- 1&2**      Triple to left---left, right, left
- 3-4**      Rock back---right, left
- 5&6&**      Kick right foot forward, step right foot next to left foot, kick left foot forward, step left foot next to right foot
- 7-8**      Touch right foot forward, roll hips to the right
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- 1&2**      Kick right foot forward, step right foot next to left foot, step left foot slightly left
- 3&4**      Circle right foot behind left foot, step slightly back on right foot, touch left toe in front of right foot
- 5&6**      Triple forward---left, right, left
- 7-8**      Kick right foot forward, touch right foot back
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- 1-2**      Roll right shoulder back making  $\frac{1}{2}$  turn to right with weight finishing on left foot
- 3-4**      Walk forward---right, left
- 5-6**      Step forward on ball of right foot, push left foot back (no weight) while lowering right heel
- 7-8**      Step on ball of left foot next to right foot, push right foot back (no weight) while lowering left heel

- 1-2** Step right foot forward, pivot  $\frac{1}{4}$  turn to right
- 3&4** Rock forward on left foot, replace weight on right foot, touch left toe next to right foot pushing hips back
- &5-6** Step to left side with left foot, step to right side with right foot, drop right knee inward
- 7&8** Bounce right heel 3 times making  $\frac{1}{4}$  turn to right with weight ending on right foot
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- 1&2** Kick left foot forward, step left foot next to right foot, step right foot slightly forward
- 3&4** Kick left foot forward, step left foot next to right foot, step right foot slightly forward
- &5&6** Pivot  $\frac{1}{2}$  turn to right, step back on left foot, pivot  $\frac{1}{2}$  turn to right, step forward on right foot
- 7-8** Step forward on left foot, make  $\frac{1}{2}$  turn to right finishing with weight on right foot

**REPEAT**