

# Medicine

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**Count:** 88

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Judith Campbell , "Hooked On Country" (NZ) April 2014

**Music:** Medicine, by Shakira (feat. Blake Shelton) Album : Shakira (Deluxe Version) iTunes

**Intro: 32 counts - 17 seconds in.**

**[1 - 8] FWD COASTER - 2 WALKS BACK - BACK COASTER - 2 WALKS FWD**

**1&2 3 4** Step R fwd, step L next to R, step back on R, 2 walks back LR

**5&6 7 8** Step L back, step R next to L, step fwd on L, 2 walks fwd RL

**[9 - 16] HALF MONTEREY - R STEP LOCK - SHUFFLE**

**1 2 3 4** Touch R to side, turning 1/2 to R closing R next to L, touch L to L side, close L next to R (6:00)

**5 6 7&8** Step R fwd diag R, lock L behind R, step R fwd, step L next to R, step fwd on R (shuffle) (7:00)

**[17 - 24] L STEP LOCK - SHUFFLE - STEP HALF PIVOT - SHUFFLE FWD**

**1 2 3&4** Step L fwd diag L, lock R behind L, step L fwd, step R next to L, step fwd on L (shuffle) (5:00)

**5 6 7&8** Step R fwd (straightening up to front), 1/2 pivot to L, shuffle R ft fwd (RLR) (12:00)

**[25 - 32] KICK BALL CHANGE - 2 WALKS FWD - KICK B/CHANGE - STEP TAP**

**1&2 3 4** Kick L fwd, ball change LR, 2 walks fwd LR,

**5&6 7 8** Kick L fwd, ball change LR, step fwd onto L, tap R next to L \*

**[33 - 40] SIDE BALL CHANGE - JAZZ BOX - FULL ROLL TO L - SIDE SHUFFLE**

**&1 2** Step R to R side on ball (&), step L in place, step R across L,

**3 4 5 6** Step bk on L, step R to R, (weight on R), full turn to the L - 1/2, 1/2, (LR)

**7&8** Side shuffle to L, LRL

**[41 - 48] MODIFIED ROCKING CHAIR - SIDE TOE SWITCHES (touches) - HITCH TAP**

**1 2 3 4** Step fwd on R, recover onto L, step bk on R, recover onto L

**styling: As you do the rocking chair, turn the body to the LS on fwd rock/rec, then turn body to RS as you rock bk recover - straighten up on recover (4) - (Clicking fingers)**

**5&6&7** Touch/tap R to R side, step R to L(&), touch L to LS, step L to R (&), touch R to RS,  
**&8** Hitch R knee up close to L leg (&), touch R out to RS again.

**[49 - 56] R SAILOR - TAP BEHIND HALF TURN - STEP HALF PIVOT - SHUFFLE FWD**

**1&2 3 4** Step R behind L, step L to LS, step R in place. Tap L ft behind R, 1/2 turn L (weight onto L)  
(6:00)

**5 6 7&8** Step fwd on R ft, 1/2 pivot to L, shuffle fwd RLR (12:00)

**[57 - 64] 2 DOROTHY'S - STEP - 3 WALKS TURNING 3/4 TO THE L -**

**1 2&** Step L to L corner, lock R behind L, step L next to R (&), (10:00)

**3 4&** Step R to R corner, lock L behind R, step R next to L (&), (2:00)

**5 6 7 8 3 walks around 3/4 to the L (LRL), tap R next to L (3:00)**

**[65 - 72] ROCKING CHAIR - SIDE ROCK RECOVER - STEP - SIDE ROCK RECOVER**

**1 2 3 4** Step/Rock fwd on R, recover bk on L, step/rock R bk, recover fwd onto L ft.

**5 6& 7 8** Step/rock R to R side, recover onto L ft, step R next to L (&), step/rock L to L, recover onto R

**[73 - 80] STEP - ROCKING CHAIR - SIDE ROCK /REC - STEP - SIDE ROCK /REC**

**&1 2 3 4** Step L next to R (&), step/rock fwd on R, recover bk on L, step/rock R bk, recover fwd onto L  
ft.

**5 6& 7 8** Step/rock R to R side, recover onto L ft, step R next to L (&), step/rock L to L, recover onto R

**[81 - 88] STEP - STEP FWD PADDLE TURN - STEP HALF PIVOT - STEP TAP, STEP TAP**

**&1 2** Step L next to R (&), step R fwd 1/4 turn L (paddle), (12:00)

**3 4** Step fwd on R 1/2 pivot to L (6:00)

**5 6 7 8** Step R to R side, tap L next to R, step L to LS, tap R next to L.

**[88] START DANCE IN NEW DIRECTION - ENJOY !!**

**ONE RESTART:\* On WALL 2 - Dance the first 32 counts then Restart at beginning of  
dance again.**

**(This is just to keep the phrasing right for the chorus & Medicine lyrics)**

**FINISH: At the end of dance you will be doing the 3 walks just stop at (12:00) instead  
of facing (9:00).**

**Shakira sings MEDICINE so just do the first rock fwd, recover back facing front.**

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