

# Body Moves

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**Count:** 64

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Jamie Barnfield (September 2017)

**Music:** Body Moves by DNCE (Album: DNCE) (3:56) (iTunes)

## Intro: 16 count (on main vocals)

### S1: FORWARD TAP BACK, R SAILOR STEP, HOLD, BALL POINT, SIDE, KICK

- 1&2** Step forward on right, Tap left behind right, Step back on left
- 3&4** Cross right behind left, Step left in place, Step right to right side
- 5&6** Hold, Close left to right, Point right to right side
- 7-8** Swing hips anti-clockwise from left to right taking weight on right, Kick left to left diagonal

### S2: BEHIND $\frac{1}{4}$ STEP, STEP, PIVOT $\frac{1}{2}$ , STEP LOCK STEP STEP, LOCK, STEP

- 1&2** Step left behind right, Turn  $\frac{1}{4}$  right stepping forward on right, Step forward on left (3:00)
- 3-4** Step forward on right, Pivot  $\frac{1}{2}$  left (weight on left) (9:00)
- 5&6&** Step forward on right, Lock left behind right, Step forward on right, Step forward on left
- 7-8** Lock right behind left bending knees slightly, Step forward on left straightening knees (9:00)

### S3: SCUFF, ROCK & BACK & POINT & POINT & STEP, PIVOT $\frac{1}{2}$ , STEP

- 1-2&** Scuff right forward hitching right knee slightly, Rock forward on right, Recover on left
- 3&4&** Rock back on right, Recover on left, Point right to right side, Close right next to left
- 5&6** Point left to left side, Close left next to right, Step forward on right
- 7-8** Pivot  $\frac{1}{2}$  left on left, Step forward on right (3:00)

### S4: L DOROTHY, R DOROTHY, L JAZZ BOX TOUCH

- 1-2&** Step forward on left, Lock right behind left, Step forward on left
- 3-4&** Step forward on right, Lock left behind right, Step forward on right (3:00)
- 5-6** Cross left over right, Step back on right
- 7-8** Step left to left side, Touch right next to left (angling body 1:30 prep) (3:00)

### S5: $\frac{1}{4}$ R, SWEEP, TAP, BACK, SWEEP, $\frac{1}{4}$ R, ROCK, RECOVER, L COASTER STEP

- 1-2&** Turn ¼ right stepping forward on right, Sweep left from back to front crossing left over right, Tap right behind left (6:00)
- 3-4&** Step back on right, Sweep left from front to back stepping left behind right, Turn ¼ right stepping forward on right (9:00)
- 5-6** Rock forward on left, Recover on right
- 7&8** Step left back, Close right next to left, Step forward on left (9:00)

**S6: R FORWARD HIP BUMPS, L FORWARD HIP BUMPS, CROSS, BACK & CROSS, POINT**

- 1&2** Touch right toe forward to right diagonal bumping hips forward, back, forward (taking weight on right)

**(Styling: Bump hips up & forward (1) down & back (&), down & forward (2))**

- 3&4** Touch left toe forward to left diagonal bumping hips forward, back, forward (taking weight on left)

**(Styling: Bump hips up & forward (3) down & back (&), down & forward (4))**

- 5-6&** Cross right over left, Step back on left, Step right to right side (squaring up to 9:00)
- 7-8** Cross left over right, Point right to right side

**S7: R SAILOR, ¼ L SAILOR, R KICK BALL CHANGE, STEP, SLIDE**

- 1&2** Cross right behind left, Step left in place, Step right to right side
- 3&4** Cross left behind right, Turn ¼ left stepping right in place, Step forward slightly on left (6:00)

**\* RESTART WALL 5**

- 5&6** Kick right forward, Close right next to left, Step left in place
- 7-8** Long step forward with right, Slide left up to right taking weight on left (6:00)

**S8: SYNCOPATED FORWARD ROCKS x 2, L FULL TURN**

- 1-2&** Rock right forward, Recover on left, Close right next to left
- 3-4&** Rock left forward, Recover on right, Close left next to right
- 5-8** Turn left walking a full circle stepping right, left, right, left (6:00)

**\* RESTART: Wall 5 restart dance after 52 counts (S7 after 4 counts)**

**ENDING: During Wall 7 dance S1 (cts 1-8) & add the following 1 count:**

**Cross left over right swinging both hands to right side and clicking fingers**

**Site: [www.boogie-shoes.co.uk](http://www.boogie-shoes.co.uk)**

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