

# LUCKY & STRONG

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**Count:** 32

**Wall:** 2

**Level:** beginner/intermediate

**Choreographer:** David J. McDonagh

**Music:** Lucky by Britney Spears

## HEEL HOOK, 2X STEP-LOCK-STEPS TRAVELING FORWARD, STEP-TURN-KICK

- 1-2 Touch right heel forward, hook right over left shin
- 3&4 Step right forward, lock-step left behind right, step right forward
- 5&6 Step left forward, lock-step right behind left, step left forward
- 7&8 Step right forward, pivot  $\frac{1}{2}$  turn over left shoulder, kick right forward to left diagonal

## CROSS-ROCK-ROCK-KICK (X3), CROSS-POINT-AND-POINT

- &1& Cross-step right over left, rock left to left side, rock weight onto right
- 2 Kick left forward to right diagonal
- &3& Cross-step left over right, rock right to right side, rock weight onto left
- 4 Kick right forward to left diagonal
- &5& Cross-step right over left, rock left to left side, rock weight onto right
- 6 Kick left forward to right diagonal
- &7 Cross-step left over right, point right toe to right side
- &8 Touch right toe beside left, point right toe to right side

## TURN WITH HIP SWAY, COASTER STEP, POINT, TURN WITH HIP SWAY, COASTER STEP, POINT WITH ( $\frac{1}{4}$ -LEFT) TURN

- 1 On ball of left turn  $\frac{1}{4}$  right swaying hips left
- 2&3 Step right back, step left beside right, step right forward
- 4 Point left toe to left side
- 5 On ball of right turn  $\frac{1}{4}$  left swaying hips right
- 6&7 Step left back, step right beside left, step left forward
- 8 On ball of left turn  $\frac{1}{4}$  left pointing right toe to right side

## PADDLE STEPS (TWICE), CROSS CHASSE, HEEL GRIND WITH ( $\frac{1}{4}$ -LEFT) TURN, BACK-LOCK-STEP

- 1 On ball of left turn  $\frac{1}{4}$  left pointing right toe to right side
- 2 On ball of left turn  $\frac{1}{4}$  left pointing right toe to right side
- 3&4 Cross-step right over left, step left to left side, cross-step right over left
- 5 Step left heel to left side
- 6 With weight on left heel, turn left toes left with  $\frac{1}{4}$  turn left, rocking weight back onto right
- 7&8 Step left back, cross-step right over left, step left back

## **REPEAT**

## **BONUS STEPS:**

**If dancing to "Lucky" then complete the following, if danced to "Stronger" - then leave it out:**

**To make sure the dance fits to "Lucky" perfectly - add the following tag:**

**After the second, fourth and sixth walls of the dance. Basically every time you face the front after the first wall..**

**SIDE ROCK, TRIPLE  $\frac{1}{2}$  TURN, (REPEAT ON OPPOSITE), FORWARD ROCK, TRIPLE (FULL) TURN, (REPEAT ON OPPOSITE)**

- 1-2 Rock right to right side, rock weight to left side
- 3&4 On the spot and  $\frac{1}{2}$  turn over left shoulder step: right, left, right
- 5-6 Rock left to left side, rock weight to right side
- 7&8 On the spot and  $\frac{1}{2}$  turn over right shoulder step: left, right, left
  
- 9-10 Rock forward onto right, rock weight back onto left
- 11&12 On the spot and full turn over right shoulder step: right, left, right
- 13-14 Rock forward onto left, rock weight back onto right
- 15&16 On the spot and full turn over left shoulder step: left, right, left