

# NO PANIC

LINEDANCE.COM

**Count:** 48

**Wall:** 4

**Level:** intermediate

**Choreographer:** Virve Maukkonen

**Music:** Shooting From The Hip by Barry Upton & Wild At Heart

## DIAMOND, HEEL HOOK COMBO

- 1-2 Touch right heel forward, touch right toe to side
- 3-4 Touch right heel back, touch right toe to side
- 5-6 Touch right heel forward, hook right across left
- 7-8 Touch right heel forward, step right beside left

## DIAMOND, HEEL HOOK COMBO

- 9-10 Touch left heel forward, touch left toe to side
- 11-12 Touch left toe back, touch left toe to side
- 13-14 Touch left heel forward, hook left across right
- 15-16 Touch left heel forward, step left beside right

## HIP BUMPS

- 17-18 Hip bump right twice
- 19-20 Hip bump left twice

## STEP, SLIDE, STEP, SCUFF TWICE

- 21-22 Step forward right, lock step left behind right
- 23-24 Step forward right, scuff forward left
- 25-26 Step forward left, lock step right behind left
- 27-28 Step forward left, scuff forward right

## STEP BACK, TAP, STEP FORWARD, STOMP

- 29 Step right back
- 30 Touch left heel forward
- 31 Step left forward
- 32 Stomp right beside left

## **JUMPING JACK, ½ UNWIND, CLAP**

**33-34** Jump feet apart, jump crossing right over left

**35-36** Unwind ½ left, clap

## **GRAPEVINE RIGHT**

**37** Step right to side

**38** Cross left behind

**39** Step right to side

**40** Scoot right while hitching left knee

## **GRAPEVINE LEFT, ¼ TURN LEFT**

**41** Step left to side

**42** Cross right behind

**43** Step left into ¼ turn left

**44** Scoot left, while hitching right knee

## **ROCK FORWARD, STEP BACK, STOMPX2**

**45** Rock step forward on right

**46** Step back on left

**47** Stomp right beside left

**48** Stomp left beside right (weight on left)

## **REPEAT**