

# Higher Ground

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**Count:** 32                      **Wall:** 4                      **Level:** Beginner

**Choreographer:** Irene Deng Taipei Taiwan (Sept. 2015)

**Music:** Higher Ground (feat. Michael Marsh)

**Intro : 32 Count ,Drumbeat start counting (Approx. 18 Seconds Into Track) 3:10 iTunes  
116 bpm**

## **SECTION 1 [1 - 8]:STEP,HITCH ,SIDE,HIPSWAY,ROCK,RECOVER,SIDE, WEAVE**

- 1 - 2            Step Rf forward(1),Hitch Lf (2)
- 3 & 4           Step Lf to left side and do the hip sway(LRL)
- 5 & 6           Rock Rf behind Lf (5),Recover on Lf(&),Step Rf to right(6)
- 7 & 8           Cross Lf behind Rf(7),Step Rf to right(&),Cross Lf over Rf(8)(12:00)

## **SECTION 2 [9-16] : ROCK, RECOVER,KICKBALL CHANGE,CROSS,1/4TURN LEFT,COASTER**

- 1 - 2            Rock Rf to right (1)□ Recover on Lf (2)
- 3&4&           Cross Rf over Lf (3)□ Step Lf to left (&)□ point R heel diagonal forward(1:30) (4),Step Rf in place(&)
- 5 - 6            Cross Lf over Rf (5)□ 1/4 turn left step Rf back (6)(9:00)
- 7 & 8            Step Lf back (7)□ Step Rf beside Lf (&)□ Step Lf forward (9:00)

## **SECTION 3 [17 - 24]: SKATE RF , SKATE LF, COASTER,LOCK STEP, PIVOT,HALF TRUNT LEFT**

- 1- 2            Skate Rf to right out (1)□ Skate Lf to left out (2)
- 3 & 4            Step Rf back (7)□ Step Lf beside Rf (&)□ Step Rf forward (9:00)
- 5 & 6step Lf forward (5),Lock step Rf behind Lf(&)□ Step Lf forward(6)**
- 7 - 8            Pivot Rf 1/2 turn left (7)□ Step Lf forward(8)

## **SECTION 4 [25 - 32]: WALK\*3,TOGETHER,BACK,BACK\*2,COASTER**

- 1 - 2            Walk forward (R L )(1. 2) (3:00)
- 3 & 4            Step Rf forward(3)□ Step Lf beside Rf(&)□ Step Rf back(4)
- 5 - 6            Walk back (L R)(5.6)
- 7 & 8            Step Lf back (7)□ Step Rf beside Lf (&)□ Step Lf forward (9:00)

**Proposal : Hand movements refer to the demo**

**Have fun!!! Happy Dance**

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**Last Update - 11th April 2017**

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