

# ALONE AGAIN, NATURALLY

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**Count:** 64

**Wall:** 2

**Level:** intermediate

**Choreographer:** Trish Arena

**Music:** Alone Again, Naturally by Gilbert O'Sullivan

- 1-2** Step right to right side, step left forward and across right
- &3-4** Step right to right side, cross left behind right, unwind  $\frac{3}{4}$  turn left (keep weight on left)
- 5-6** Rock forward right, replace weight on left
- 7&8** Full turn right stepping right-left-right on spot
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- 9&10&** Rock forward on left, replace weight on right, rock left to side, replace weight on right
- 11&12** Step left across right, step right to right side, step left across right
- 13-14** Turn  $\frac{1}{4}$  left and step back on right, sweep left around and step back on left
- 15&16** Sweep right around and step on right behind left, step left to left side, cross right over left
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- &17-18** Step left to left side, rock right back, replace weight on left
- &19-20** Step right to right side, rock left back, replace weight on right
- 21-22** Moving forward make a full turn right stepping left-right
- 23&24** Shuffle forward left-right-left
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- 25&26** Rock forward right, replace weight on left, step right beside left
- 27&28** Rock back left, replace weight on right, step left beside right
- 29&30** Cross right over left, step slightly back on left, tap right heel 45 degrees to right
- &31&32** Step right to right, cross left over right, step slightly back on right, tap left heel 45 degrees to left
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- &33-34** Step left beside right, rock forward on right, replace weight on left

### **35&36<sup>3</sup>/<sub>4</sub> turn right stepping right-left-right**

**37-38** Cross left over right, point right toe to right side

**39-40** Cross right over left, point left toe to left side

**41-42** Cross left over right, turn  $\frac{1}{4}$  left and touch right back

**&43-44** Shuffle forward right-left-right

**45-46** Moving forward make a full turn right stepping left-right

**&47-48** Rock forward on left, replace weight on right

**49&50** Step back on left, lock right across, step back on left

**&51-52** Step back on right, lock left across, step back on right

**53-54** Step left beside right, cross right over left, step left to left side

**55&56** Step right behind left, step left to left side

**57-58** Rock right to right side, replace weight on left and hinge  $\frac{1}{2}$  turn right

**59-60** Step right to right side, step left beside right

**61-64** Repeat steps 57-60

**REPEAT**

**RESTART**

### **During the third wall, restart after count 32**

**FINISH**

**1-4** Rock right to right side, replace weight on left, cross right over left, unwind a full turn left keeping weight on right and bring feet together