

# My Island Lady

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**Count:** 32      **Wall:** 2      **Level:** Beginner

**Choreographer:** Jack Koopman, ( Frankie Ray Merchant ) Sept 2016

**Music:** My Island Lady by Richard Parker

**Starting on the beat after 16 counts**

**Mambo step x 4**

**1RF rock fwd**

**&LF recover**

**2RF step beside LF**

**3LF rock back**

**&RF recover**

**4LF step beside RF**

**5RF rock to right**

**&LF recover**

**6RF step beside LF**

**7LF rock to left**

**&RF recover**

**8LF step beside RF**

**Weave, rumba box, R Lockstep back**

**1RF step right**

**&LF cross behind RF**

**2RF step right**

**&LF cross in front of RF**

**3RF step right**

**&LF step beside RF**

**4RF step fwd**

**5LF step left**

**&RF step beside LF**

**6LF step back**

**7RF step back**

**&LF step hook in front of RF**

**8RF step back**

**Triple  $\frac{1}{2}$  turn left, kickball step, cross rock, step together**

**1LF  $\frac{1}{4}$  turn left step to left**

**&RF step beside**

**2LF  $\frac{1}{4}$  turn left step fwd (6)**

**3RF kick fwd**

**&RF step beside LF**

**4LF recover**

**5RF rock in front of LF**

**&LF recover**

**6RF step beside LF**

**7LF rock in front of RF**

**&RF recover**

**8LF step beside RF**

**Touch  $\frac{1}{4}$  paddle left x 3, step, touch  $\frac{1}{4}$  paddle x3, step**

**1RF touch toe fwd**

**&R&L  $\frac{1}{4}$  paddle turn left**

**2RF touch toe fwd**

**&R&L  $\frac{1}{4}$  paddle turn left**

**3RF touch toe fwd**

**&R&L  $\frac{1}{4}$  paddle turn left**

**4RF step fwd ( 9 )**

**5LF touch toe fwd**

**&L&R  $\frac{1}{4}$  paddle turn right**

**6LF touch toe fwd**

**&L&R  $\frac{1}{4}$  paddle turn right**

**7LF touch toe fwd**

**&L&R  $\frac{1}{4}$  paddle turn right**

**8LF step fwd (6)**

**Start again: many pleasure**