

Lonely This Weekend

LINEDANCE.COM

Count: 64

Wall: 2

Level: Improver

Choreographer: April Coady , Suzi Beau & Wil Bos - October 2017

Music: "Lonely Weekend" by Bo Walton (Album: Lonely Weekend) 148 bpm

Intro: 32 counts

S1: Chassé, Rock Behind Recover, Chassé, Rock Back Recover

1&2RF step side, LF together, RF step side

3-4LF rock behind, RF recover

5&6LF step side, RF together, LF step side

7-8RF rock back, LF recover [12]

S2: Heel Switches, Clap, Toe Switches, Clap

1&2&RF dig heel forward, RF together, LF dig heel forward, LF together

3-4RF dig heel forward, clap

5&6&RF point side, RF together, LF point side, LF together

7-8RF point side, clap [12]

S3: Sync. Jazz Box Cross, Rock Back Recover, Pivot ½ R

1-2RF cross over, LF step back

&3-4RF step beside on ball foot, LF cross over, RF step side

5-6LF rock back, RF recover

7-8LF step forward, L+R ½ turn right [6]

S4: Shuffle Fwd, Full Turn L, Out Out, Clap, Elvis Knees

1&2LF step forward, RF step beside, LF step forward

3-4RF ½ left step back, LF ½ left step forward

&5-6RF step right forward (out), LF step side (out), clap

7-8RF push knee inward, LF push knee inward [6]

S5: Chassé, Rock Behind Recover, Chassé ¼ L, Reverse Pivot ½ L

1&2LF step side, RF together, LF step side

3-4RF rock behind, LF recover

5&6RF step side, LF together, RF ¼ left step back

7-8LF point back, L+R ½ turn left [9]

S6: Rock Fwd Recover, Coaster, Point x2, Sailor ¼ L

1-2RF rock forward, LF recover

3&4RF step back, LF together, RF step forward

5-6LF point forward, LF point side

7&8LF ¼ left cross behind, RF step beside, LF step slightly forward [6]

S7: Figure Of Eight

1-4RF step side, LF cross behind, RF ¼ right step forward, LF step forward

5-8L+R ½ turn right, LF ¼ right step side, RF cross behind, LF ¼ left step forward [3]

S8: Cross, Point (x2), Jazz Box Cross ¼ R

1-4RF cross over, LF point side, LF cross over, RF point side

5-8RF cross over, LF ¼ right step back, RF step side, LF cross over [6]

Start again