

# My Heart Is Always With You

LINEDANCE.COM

**Count:** 32

**Wall:** 2

**Level:** Beginner / Intermediate NC motion

**Choreographer:** Sebastiaan Holtland , Netherlands (06-10-2011)

**Music:** If No One Will Listen by Kelly Clarkson (Album: All I Ever Wanted 2009)

## **Intro: 16 Counts (15 Sec)**

**[1-8] Together, Pose, Basic Nightclub R, Basic Nightclub L, Side, Hold, Replace 1/2 Turn L, Hitch.**

- 1-4** Step Rf next to Lf, bring your head facedown and stay look into your R hand and bring your R hand slow down in 4 count (12:00)
- &5** Step Rf to the right, drag on Lf weight onto Rf
- 6&7** Cross rock Lf behind Rf, recover on Lf, step Lf to the left drag on Rf weight onto Lf
- 8&1** Step Rf to the right, Hold, step Lf back in place turn ½ left (6) hitch R knee Up

**\*2 count HOLD here WALL 6 after 4 counts. After start again with count &5. (Facing 6 o'clock).**

**[9-16] Cross Rock, Recover, Side, Cross Rock, Recover, Side, Cross Rock Back, Recover, Side, Cross Rock Back, Recover Side.**

- 2&3** Cross rock Rf forward, recover on Lf, step Rf to the right with small drag on Lf weight onto Rf (6:00)
- 4&5** Cross rock Lf forward, recover on Rf, step Lf to the left with small drag on Rf weight onto Lf
- 6&7** Cross rock Rf behind Lf, recover Lf, step Rf to the right with small drag on Lf weight onto Rf
- 8&1** Cross rock Lf behind Rf, recover Rf, step Lf to the left with small drag on Rf weight onto Lf (6:00)

**[17-24] R Diag Back, L Diag Back, ¼ Turn R, Side, Fwd, R Diag Fwd, Side, R Diag Back, L Diag Back, ¼ Turn R, Side, Run Fwd L-R-L with ¼ Turn L.**

- 2&3** Step Rf diagonal back, step Lf diagonal back, turn ¼ right (9) step Rf to the right with small drag on Lf weight onto Rf
- 4&5** Step Lf forward, step Rf diagonal forward, step Lf to the left with small drag on Rf weight onto Lf

- 6&7** Step Rf diagonal back, step Lf diagonal back, turn  $\frac{1}{4}$  right (12) step Rf to the right with small drag on Lf weight onto Rf
- 8&1** Turn  $\frac{1}{4}$  left (9) stepping Lf forward, stepping Rf forward, stepping Lf forward weight onto Lf

**[25-32] Small Step Back,  $\frac{1}{2}$  Turn L, Fwd,  $\frac{1}{4}$  Turn L, Side, Cross Rock Back, Recover,  $\frac{1}{4}$  Turn R, Back,  $\frac{1}{4}$  Turn R, Side Rock, Recover, Cross, Side.**

- 2&3** Step Rf slightly back, turn  $\frac{1}{2}$  left (3) step Lf forward, turn  $\frac{1}{4}$  left (12) step Rf to the right with small drag on Lf weight onto Rf
- 4&5** Cross rock Lf behind Rf, recover on Rf, turn  $\frac{1}{4}$  right (3) step Lf back weight onto Lf
- 6-7** Turn  $\frac{1}{4}$  right (6) rock Rf to the right, recover on Lf
- 8&** Cross Rf over Lf, step Lf to the left weight onto Lf (6:00)

**Note: 2 Count HOLD: You hear that she sings “If Noooo one will listen”.**

**Start again and have fun!**