

HOWZITGO

LINEDANCE.COM

Count: 96 **Wall:** 2 **Level:** —

Choreographer: Jodi Page

Music: The Twist by Ronnie McDowell

&1-2(while shimmying shoulders) step right foot forward, touch left toe beside right, hold

&3-4(while shimmying shoulders) step left foot forward, touch right toe beside left, hold

&5&6 Step right back, touch left toe beside right, step left back, touch right toe beside left

&7&8 Step right back, touch left toe beside right, step left back, touch right toe beside left

9-10(twisting both heels left) step right to right side (turning to front) step left beside right

11-12(Twisting both heels left) step right to right side (turning to front) step left beside right

13-14(twisting both heels right) step left to left side (turning to front) step right beside left

15-16(Twisting both heels right) step left to left side (turning to front) step right beside left

17-18 Roll both knees to the left

19-20 Roll both knees to the left

21-22 Step right foot to right, slap both thighs with hands

&23-24 Step left toe beside right, step right foot to right, slap both thighs with hands

25-28(with feet apart and traveling left) twist toes in, twist toes out, twist toes in, twist toes out

29-30 Kick right foot forward, kick right foot forward

31&32 Step back on right, step left back beside right, step right forward (coaster step)

33&34 Touch left heel forward, step left beside right, touch right heel forward

&35-36 Step right beside left, touch left heel forward, touch left heel forward

37-40(turning full turn left) step on left, step on right, step on left, touch right beside left

41-44(stepping right foot forward) push hips forward twice, push hips back twice

45-46 Step right toe back, drop heel

47-48(turning ¼ turn right) step left toe back, drop heel

49-50 Stomp right foot forward, hold

51-60 Twist both heels right, left, right, left, right, left, right, left, right, left

61-62(turning full turn left with weight in left foot) touch right heel forward, turning ¼ turn left

63-66 Hitch right, touch right heel forward, turning ¼ turn left hitch right, touch right heel turning ¼ turn

67-68 Left hitch right, touch right heel forward, turning ¼ turn left hitch right

69-72(stepping right foot down beside left) twist heels right, clap, twist heels left, clap

73-76 Twist heels to right, twist toes to right, twist heels to right, clap

77-80 Step left to left side, kick right foot 45 degrees forward, step right over left, tap left toe behind right

81-84 Step left to left side, kick right foot 45 degrees forward, step right over left, tap left toe behind right

&85&86 Step left to left side, step right to right side, step left into center, touch right beside left

87-88 Kick right foot forward, kick right foot forward

89-92(steping down on right foot & turning $\frac{1}{4}$ turn left) twist heels right, left, right, left

93-94 Step right foot over left, step left foot back

95-96(turning $\frac{1}{2}$ turn right) step right foot forward, step left beside right

REPEAT