

LE SPIN!

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Count: 48

Wall: 4

Level: intermediate

Choreographer: Elle-Jay

Music: The Cup Of Life by Ricky Martin

KICK, BALL, TOUCH, TOUCH, TOUCH, TOE, TOE SWITCHES ¼ TURN SAILOR STEP

- 1&2** Kick forward right, step right beside left, touch left toe to left side
- 3&4** Touch left twice next to right, step left in place touching right toe to right side
- 5&** Step right beside left, touch left toe to left side
- 6&** Step left beside right, touch right to right side
- 7&8** Cross right behind left, step left ¼ turn right, step forward right

ROCK STEP, SCOOT HITCH FULL TURN LEFT, ROCK STEP, SHUFFLE FORWARD

- 9-10** Rock forward on left, rock back on right
- &11** Scoot back on right ½ turning left, hitching left knee, step left forward
- &12** Scoot forward on left ½ turning left hitching right knee, step right back
- 13-14** Rock back on left, rock forward on right
- 15&16** Step forward left, close right beside left, step forward left

HIP BUMPS RIGHT, DIAGONAL SHUFFLE, HIP BUMPS LEFT, DIAGONAL SHUFFLE

- 17&18** Place ball of right foot forward keep weight on left, bump hips right, left, right
- 19&20** Shuffle forward diagonal (1:00) right, left, right,
- 21&22** Place ball of left foot forward keep weight on right, bump hips left, right, left
- 23&24** Shuffle forward diagonal (11:00) left, right, left

ROCK STEP, TRIPLE STEP ¾ TURN RIGHT, ROCK STEP, COASTER STEP

- 25-26** Rock forward on right, rock back on left
- 27&28** Triple step right, left, right, making a ¾ turn right
- 29-30** Rock forward on left, rock back on right
- 31&32** Step back left, step right beside left, step forward left

ROCK STEP, TRIPLE STEP ½ TURN RIGHT, FULL TURN RIGHT, SHUFFLE FORWARD

- 33-34** Rock forward on right, rock back on left

35&36 Triple step right, left, right, making a ½ turn right

37-38 On ball of right ½ turn right step back left, on ball of left ½ turn right, step forward right

39&40 Shuffle forward left, right, left

FOUR ¼ TOUCH TURNS LEFT, ROCK STEPS FORWARD & BACK & ¼ LEFT

41&42& Touch right forward & pivot ¼ turn left, repeat

43&44& Touch right forward & pivot ¼ turn left, repeat

45& Rock forward on right, rock back on left

46& Rock back on right, rock forward on left

47-48 Step forward on right, pivot ¼ turn left

REPEAT