

# COMPETITION TAKE A LEAVE

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**Count:** 64

**Wall:** 2

**Level:** intermediate/advanced

**Choreographer:** Guyton Mundy

**Music:** All Or Nothing by Athena Cage

## STEP, SAILOR, FULL TURN, COASTER, FOOT SWING

- 1-2&3 Step left, step behind right, step together left, step forward right
- 4-5 Full turn left with ronde
- 6&7 Step back left, step together right, step forward left
- 8 Swing right foot forward with toe pointed

## TOE TOUCH ½ TURN (TWICE), COASTER, STEP, STEP

- 1-2 Touch right toe back, ½ turn to the right
- 3-4 Touch left toe forward, ½ turn to the right
- 5&6 Step back right, step together left, step forward right
- 7-8 Step left-right

## SYNCOPATED VINE, SIDE ROCK/RECOVER, ¼ TURN SYNCOPATED VINE, FORWARD ROCK/RECOVER

- 1&2 Step behind left, step out right, cross left in front
- 3-4 Rock out to right side, recover to left
- 5&6 Step behind right, step out left, cross right in front while making ¼ turn to the left
- 7-8 Rock forward on left, recover back on right

## COASTER, STEP BACK, ¼ TURN STEP BACK, SHOULDER ROCKS, STEP TOGETHER

- 1&2 Step back left, step together right, step forward left
- 3-4 Step back right, step back on left making ¼ turn to the left
- 5-6-7&8 Rock shoulder left-right-left, lift right shoulder and right foot, lower right shoulder stepping right foot together

## STEP, HEEL RAISES, HEEL SWIVELS, HEEL SWIVELS, ROCK/RECOVER, FULL TURN

- 1&2 Step forward right, raise heels
- &3 Swivel right heel to right and left heel to left, bring back to neutral

- &4** Swivel right toe to right and left heel to left, bring back to neutral
- 5-6** Rock forward left, recover back right
- 7-8** Make full turn stepping left-right

### **COASTER, SIDE KICK, HOOK, $\frac{3}{4}$ TURN, SIDE STEP, HOLD, FOOT WALKS**

- 1&2** Step back left, step together right, step forward left
- &3** Kick right foot out to right side, hook right foot behind left

#### **4 $\frac{3}{4}$ unwind to the right**

- 5-6** Step right foot out to right side, hold
- 7&8** Walk right toe in, walk right heel in, walk right toe in

### **SIDE KICK BALL CROSS, TOE TOUCH FORWARD, TOE TOUCH BACK, STEP, DRAG, STEP, HEEL TURNS**

- 1&2** Kick left foot to left side, step together left, cross right in front
- 3-4** Touch left toe forward, touch left toe back
- 5-6** Big step forward on left, drag right foot together
- 7&8** Step forward right, bring left heel to right heel take right heel to right, while making a  $\frac{1}{2}$  turn to the left

### **FORWARD KICKS (TWICE), STEP, DRAG, $\frac{1}{4}$ TURN BODY POPS**

- 1&2** Kick left foot forward, switch to kick right foot forward
- &3-4** Switch to step left foot forward, drag right foot together
- 5-6-7&8** Bring bent arms up to shoulder level, turn head  $\frac{1}{4}$  turn to the left, turn upper body  $\frac{1}{4}$  turn to the left, follow with lower body  $\frac{1}{4}$  turn to the left, drop arms to sides

### **REPEAT**