

I've Been Loving You

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Count: 48

Wall: 4

Level: Intermediate / Advanced waltz

Choreographer: Jo Kinser (UK) & John Kinser (US) July 2014

Music: "I've Been Loving You Too Long" by Seal [3:06, At 154 BPM - iTunes]

Intro: 1,2,3, I've been Loving You (0:2), start on the word "Loving".

[1-6] Fwd Rt, Hold Hold, Walk back quickly Lt Rt Lt

1-3 Step on Rt a large step fwd Rt collecting Lt towards Rt, Hold for counts 2,3

4-6 Step back quickly Lt, Rt, Lt

[7-12] Step Rt Back, Hold Hold, Lt Twinkle Step

1-3 Step on Rt a large step back Rt collecting Lt towards to Rt, Hold for counts 2,3

4-6 Step Lt to Lt, Collect Rt next to Lt instep, Step Lt across Rt

[13-18] Step Rt dragging Lt, Rock Rock 1/4 Turn

1-3 Step Rt a large step to Rt, Drag Lt to Rt for counts 2,3

4-6 Rock Lt to Lt, Replace weight Rt, Make 1/4 turn Lt stepping Lt fwd (9:00)

[19-24] Fwd Rt dragging Lt, Fwd Coaster Step

1-3 Step on Rt a large step fwd Rt, Drag Lt to Rt for counts 2,3

4-6 Step Lt fwd, Step Rt next to Lt, Step Lt back

[25-30] Step Back Rt, Hold Hold, 1/4 Turn Twinkle Step

1-3 Step Rt a large step back starting to open upper body to the Rt, Hold for counts 2,3

4-6 Step Lt in place 1/4 turn Rt (12:00), Collect Rt next to Lt instep, Step Lt across Rt

[31-36] Lunge Rt, Sway Sway Hold

1-3 Press Rt a large step to the Rt as you start to lunge extending Rt arm out to Rt side

4-6 Sway Lt, Rt, Hold on count 6

[37-42] Full Turn Lt, Cross Back Together

1-3 Make 1/4 turn Lt stepping Lt fwd (9:00), Make 1/2 turn Lt stepping Rt back (3:00), Make 1/4 turn Lt stepping Lt to Lt (12:00)

4-6 Step Rt across Lt, Step Lt back and slightly to Lt, Step Rt next to Lt and slightly back of Lt

[43-48] Cross, Turn 3/4, 1/2 Turn, Full Turn Spiral

- 1-3** Step Lt across Rt starting to prep to turn turn, Make 1/4 Rt stepping Rt fwd (3:00), Make 1/2 turn Rt stepping Lt back (9:00)
- 4** Make 1/2 turn Rt stepping Rt fwd (3:00),
- 5,6** Step Lt fwd making a full turn Spiral over the Rt shoulder (using 2 counts)

Easy option: Instead of making the full turn spiral, Step Lt fwd and Hold for 1 count.

Tag: On Wall 3 facing (9:00) you have an 8 count tag. Take your Rt Arm fwd, up and down over 8 counts.

Contacts - Jo Kinser (UK) jo@jjkdancin.com & John Kinser (US) JohnKinser@me.com