

FILL MY LIFE

LINEDANCE.COM

Count: 32 **Wall:** 2 **Level:** beginner/intermediate

Choreographer: Charlotte Skeeters

Music: Fill My Life by The Limelites

Dance is designed to cover the floor with big/long/wide movements wherever possible, especially the paddle turns. It is counted in half time. That is, count 1&2,3&4, instead of 1-2-3,4-5-6 and so on

When using "Fill My Life", start after 32 counts. I can't show you here but I do "signing" for the 32 count intro. You can find it on the back of the signed copy. It has a sign language guide with little pictures of people showing how to sign the words. You can find this one at www.linedancefun.com, or email me at char.skeeters@sv.sc.philips.com me and I'll send you one

RUN-RUN-RUN (1&2), ROCK, ROCK, CROSS, SIDE, CROSS, ¼, FORWARD, ½

- 1&2** Shuffle forward right; left; right
- 3&4** Left foot rock side left; right foot rock center; left foot cross-step over right
- 5&6** Right foot step side right; left foot cross-step behind right; right foot step side right into ¼ turn right
- 7-8** Left foot step forward; pivot ½ turn right (weight ends right)

FORWARD, LOCK, FORWARD, BIG WIDE PADDLE TURN (FULL TURN) LEFT

- 1&2** Left foot step forward; right foot forward lock behind left; left foot step forward

Arms out to side as you execute the paddle turn

- &3** Right foot step forward on ball of foot; push off into ½ turn left as you step left foot forward
- &4** Right foot step forward on ball of foot; push off into ½ turn left as you step left foot forward

ROCK ¼, RECOVER, SIDE, ROCK ¼, RECOVER, SIDE

- 5&6** Right foot cross over left into ¼ turn left; return weight to left foot as you face forward (¼ right); right foot step side right
- 7&8** Left foot cross over right into ¼ turn right; return weight to right foot as you face forward (¼ left); left foot step side left

If you don't execute complete ¼ turns, no big deal!

Next 8 counts are exact mirror of above 8

FORWARD, LOCK, FORWARD, BIG WIDE PADDLE TURN (FULL TURN) RIGHT

1&2 Right foot step forward; left foot forward lock behind right; right foot step forward

Arms out to side as you execute the paddle turn

&3 Left foot step forward on ball of foot; push off into $\frac{1}{2}$ turn right as you step right foot forward

&4 Left foot step forward on ball of foot; push off into $\frac{1}{2}$ turn right as you step right foot forward

ROCK $\frac{1}{4}$, RECOVER, SIDE, ROCK $\frac{1}{4}$, RECOVER, SIDE

5&6 Left foot cross over right into $\frac{1}{4}$ turn right; return weight to right foot as you face forward ($\frac{1}{4}$ left); left foot step side left

7&8 Right foot cross over left into $\frac{1}{4}$ turn left; return weight to left foot as you face forward ($\frac{1}{4}$ right); right foot step side right

FORWARD, BACK, ANGLE/DRAG, ANGLE, CROSS, ANGLE/DRAG

1&2 Left foot step forward; right foot step back; left foot angle back diagonally to the left (big step) and drag right foot next to left (keep weight left)

3&4 Right foot angle back diagonally right; left foot cross over right (still going back), right foot step back diagonally right (big step) and drag left foot next to right

BACK, FORWARD, $\frac{1}{4}$ TURN, BIG WIDE PADDLE TURN (FULL TURN) RIGHT

5&6 Left foot step back; right foot step forward; left foot step forward into $\frac{1}{4}$ turn left

Arms out to side as you execute the paddle turn

&7 Right foot step forward on ball of foot; push off into $\frac{1}{2}$ turn left as you step forward onto left foot

&8 Right foot step forward on ball of foot; push off into $\frac{1}{2}$ turn left as you step forward onto left foot

REPEAT