

Oh, It's My Soul

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Count: 48

Wall: 4

Level: Intermediate

Choreographer: Helen Woods – March 2018

Music: It's My Soul by Willie Tee feat. Lynn August [Album: Legends Making Memories] (122 BPM, 3:42)

Step sheet prepared by Harry Woods

#48 count intro, support on left

SECTION 1: WALK 2, ANCHOR STEP, COASTER, STEP (TURN $\frac{1}{4}$), REPLACE

- 1 Step right forward
- 2 Step left forward
- 3& Rock right behind left turning slightly right, recover left
- 4 Step right back turning slightly left
- 5& Step left back, step right together
- 6 Step left forward
- 7 Step right forward then turn $\frac{1}{4}$ left (9:00)
- 8 Replace left (9:00)

SECTION 2: CROSS SIDE CROSS, SIDE ROCK, RECOVER, BEHIND SIDE CROSS, SIDE ROCK, RECOVER

- 1& Step right across left, step left to side
- 2 Step right across left
- 3 Rock left to side
- 4 Recover right
- 5& Step left behind right, step right to side
- 6 Step left across right
- 7 Rock right to side
- 8 Recover left (9:00)

SECTION 3: SAILOR HALF TURN, CROSS (TURN $\frac{1}{4}$), BACK, COASTER, WALK 2

- 1& Step right behind left then turn $\frac{1}{2}$ right, step left to side (3:00)
- 2 Replace right

- 3 Step left across right then turn $\frac{1}{4}$ left (12:00)
- 4 Step right back
- 5& Step left back, step right together
- 6 Step left forward
- 7 Step right forward
- 8 Step left forward (12:00)

SECTION 4: ANCHOR STEP, COASTER, STEP (TURN $\frac{1}{2}$), REPLACE, TRIPLE FORWARD

- 1& Rock right behind left turning slightly right, recover left
- 2 Step right back turning slightly left
- 3& Step left back, step right together
- 4 Step left forward
- 5 Step right forward then turn $\frac{1}{2}$ left (6:00)
- 6 Replace left
- 7& Step right forward, step left beside right
- 8 Step right forward (6:00)

SECTION 5: ROCK FORWARD, RECOVER, TRIPLE HALF TURN, TRIPLE HALF TURN, QUARTER TURN COASTER

- 1 Rock left forward
- 2 Recover right then turn $\frac{1}{4}$ left (3:00)
- 3& Step left to side, step right together then turn $\frac{1}{4}$ left (12:00)
- 4 Step left forward then turn $\frac{1}{4}$ left (9:00)
- 5& Step right to side, step left together then turn $\frac{1}{4}$ left (6:00)
- 6 Step right back then turn $\frac{1}{4}$ left (3:00)
- 7& Step left back, step right together
- 8 Step left forward (3:00)

SECTION 6: ROCK FORWARD, RECOVER, SIDE ROCK RIGHT LEFT RIGHT, RECOVER, ROCK BACK, RECOVER

- 1 Rock right forward
- 2 Recover left

- 3 Rock right to side
- 4 Rock left to side
- 5 Rock right to side
- 6 Recover left
- 7 Rock right back
- 8 Recover left (3:00)

REPEAT