

CAN YOU ROCK?

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Count: 64

Wall: 4

Level: beginner/intermediate

Choreographer: Terry Mchugh

Music: Old Time Rock & Roll by Bob Seger

RIGHT KICK BALL CHANGE, STOMPS TWICE, RIGHT KICK BALL CHANGE, STOMPS TWICE

- 1&2** Kick right leg forward, step right beside left, step left in place(weight on left)
- 3-4** Stomp on right, push hips left, stomp on left, push hips right
- 5-8** Repeat steps 1-4

SHUFFLE RIGHT, BACK ROCK, ½ TURN RIGHT, CROSS SHUFFLE

- 1&2** Shuffle right, right, left, right
- 3-4** Rock back on left, recover on right
- 5-6** Step left to left side, pivot ½ turn on left foot, place right beside left
- 7-8** Cross shuffle right, left, right, left

ROCK FORWARD ON RIGHT, WITH ¼ TURN RIGHT BACK SHUFFLE, BACK ROCK FORWARD SHUFFLE

- 1-2** Step forward on right, with ¼ turn right, rock back on to left
- 3&4** Shuffle back right, left, right
- 5-6** Rock back on left, rock forward on right
- 7&8** Shuffle forward left, right, left

RIGHT KICK BALL CHANGE, STOMPS TWICE, RIGHT KICK BALL CHANGE, STOMPS TWICE

- 1-8** Repeat section 1

RIGHT SHUFFLE, CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE

- 1&2** Shuffle right, right, left, right
- 3&4** Cross shuffle right, left, right, left
- 5-6** Rock to right side, rock to left side
- 7&8** Cross shuffle left, right, left, right

¼ TURN RIGHT, FRONT KICK, SAILOR STEPS X2WITH ¼ TURN RIGHT

- 1-2** Step left to left side with ¼ turn right, kick right leg forward

- 3&4** Step right behind left, step left beside right, step right in place
- 5&6** Step left behind right, step right beside left, with ¼ turn right, step left beside right
- 7-8** Rock back on right, rock forward on left

ROCK AND COASTER STEP TWICE

- 1-2** Rock forward on right, rock back on left
- 3&4** Step back on right, step left beside right, step forward on right
- 5-6** Rock forward on left, rock back on right
- 7&8** Step back on left, step right beside left, step forward on left

HEEL JACKS AND DIAGONAL FORWARD SLIDEX2

- 1&2&** Dig right heel forward, step right beside left, dig left heel forward, step left beside right.
- 3-4** Slide right diagonally forward. Step left beside right
- 5&6&** Dig left heel forward, step left beside right, dig right heel forward, step right beside left
- 7-8** Slide left diagonally forward, step right beside left (weight on left)

REPEAT