

# DIZZEE LOCO

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**Count:** 32      **Wall:** 4      **Level:** Intermediate

**Choreographer:** Debbie McLaughlin, UK (Aug 09)

**Music:** Holiday by Dizzee Rascal ft Chrome

**Count in: On lyrics. 16 counts after beat comes in**

**Ball, Walk, Walk, Rock and Cross, Rock Swivel Step and Quarter, Half**

- &1-2**      Rock back on L, Recover weight forward onto R, Walk forward L
- 3&4**      Rock R out to R Side, Recover onto L, Cross R foot over L
- 5&6**      Rock L out to L side, Swivel R heel in towards L, Swivel heel back in place taking weight on R
- &7-8**      Step L next to R, turn  $\frac{1}{4}$  R stepping forward on R, turn  $\frac{1}{2}$  R stepping L to L side

**Sailor Step and Slide, Touch, Step, Turn and Chug, Chug**

- 1&2**      Cross R behind L, Step L to L side, Step R forward to R diagonal
- &3-4**      Step L next to R, Step R big step forward to R diagonal, Slide L up and touch next to R
- 5-6&**      Step forward on L, Step forward on R, Pivot  $\frac{1}{2}$  turn L taking weight forward onto L
- 7-8**      Step forward on R (touching L next to R), Step forward on L (touching R next to L)

**(You can substitute this for two runs/funky walks/jumps - whatever you like - but make it BOUNCY!)**

**And Rock and Slide, Behind, Turn, Step, Touch, Bump, Bump**

- &1&2**      Rock R out to R side, Recover weight back onto L, Cross R over L, Step L big step to L side, dragging R heel towards L
- 3-4**      Cross R behind L, Turn  $\frac{1}{4}$  L stepping forward on L
- 5-6**      Step forward on R, Touch L foot behind R (with attitude!)
- 7-8**      Make  $\frac{1}{4}$  L stepping L to L and pushing hips forward to L, Step R to R pushing hips forward to R

**Quarter, Half, Back Lock Back, and Kick and Step, Turn, Turn**

- 1-2**      Turn  $\frac{1}{4}$  L stepping forward on L, Turn  $\frac{1}{4}$  L stepping R to R side
- 3&4**      Step back on L, Lock R over L, Step back on L

**&5&6** Step back on R, Kick L forward, Step forward on L, Step forward on R

**7-8** Pivot ½ turn L taking weight forward onto L, Make ½ L stepping back onto R

### **Start Again**

**Please Note: There are a few different versions of this song. The one I choreographed it to is 3mins 57 seconds long. 3 minutes into the song, the tempo changes. I would suggest you fade the music at this point. You can dance through it, but the dance goes off phrase and it's FAST!!!**

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