

Abracadabra

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Count: 32

Wall: 4

Level: Intermediate

Choreographer: William Sevone. April 2010

Music: "Abracadabra" (128 bpm) by Brown Eyed Girls (B.E.G)

Choreographers note:- The Bridge has an easier option. My special thanks to Candy Tan for the 'Dance Finish'

Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.

Dance proper starts when the main vocals begin. If using the 'intro' - see instruction below.

Intro: (16 Counts)

Intro starts with drum beat after the first 16 counts (see dance video for special intro with 1st 16 counts)

Feet slightly apart with arms folded at chest height - keeping upper body straight:

1 - 16 Sway hips from side to side alternating weight to either foot - one sway per count:

(first sway is to the RIGHT and last to the LEFT) Total 16 counts/hip sways.

2 Sets Diagonal Hip Rolls. Hitch 1/2 Diagonal Fwd (6:00)

- 1** Step diagonally forward onto right & roll hips forward.
- 2 - 3** Keeping diagonal position - recover onto left & roll hips backward. Roll hips forward (weight on right).
- 4** Step diagonally forward onto left & roll hips forward.
- 5 - 6** Keeping diagonal position - recover onto right & roll hips backward. Roll hips forward (weight on left).

Style note: The hip rolls are performed as a figure of 8

7 - 8 (2 counts) Hitch right knee high & turn ½ left - stepping right down diagonally forward left (6:00).

3x Diagonal-Hold. Fwd. 1/2 Pivot (12:00)

- 9 - 10 Step left diagonally forward right. Hold.
- 11 - 12 Step right diagonally forward left. Hold.
- 13 - 14 Step left diagonally forward right. Hold.
- 15 - 16 Step forward onto right.. Pivot ½ left (weight on left) (12:00).

RESTART: After the Bridge at the end of Wall 7 RESTART the dance from this point (COUNT 17)

4x Fwd Diagonal. Side. Side. 2x Hip Bump (12:00)

- 17 - 18 Step right diagonally forward left. Step left diagonally forward right.
- 19 - 20 Step right diagonally forward left. Step left diagonally forward right.
- 21 - 22 Step right to right side. Step left to left side
- 23 - 24 Bump hips to the left. Bump hips to the right.

2x Hip Bump. Hitch 3/4 Fwd. 2x Diagonal-Hold (3:00)

- 25 - 26 Bump hips to the left. Bump hips to the right. (weight centre).
- 27 - 28 straightening up - Hitch left knee & turn ½ left. Continue turn another ¼ & step forward onto left (3).**
- 29 - 30 Step right diagonally forward right. Hold.
- 31 - 32 Step left diagonally forward left. Hold.

START AGAIN

BRIDGE: End of Wall 7 (facing 9:00) - Using the hips to control the movement

- 1 - 4 Leaning as far forward as possible - Roll the upper body forward (4 COUNTS).
- 5 - 6 Transferring weight to right - roll upper body backward then straight (2 COUNTS)
- 7 - 12 REPEAT THE ABOVE 6 COUNTS**
- 13 - 16 Step left to left side and roll hips in a figure of 8: Left-Centre-Right-Centre (weight ends on left foot)

Then continue the dance from count 17

Alternate Option

- 1 - 16 Stepping right to right side: Roll hips in figure of 8: (R-C-L-C) (R-C-L-C) (R-C-L-C) (R-C-L-C)

Remember when using this alternative - the first hip roll is to the RIGHT.

DANCE FINISH: Wall 11 - after count 26 do the following:

- 27** Turn ½ left & step forward onto left
- 28** Step right to right side - with left toe diagonal forward left & left knee bent (right hand on right hip).
- 29** Hold position of count 28 - push right shoulder forward (on the word GO).
- 30** Push right shoulder back to original position.
- 31** Push right shoulder forward (on the word GO).
- &32** Head flick left to look back - then front.