

JUMP ON THE FLOOR

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Count: 48

Wall: 2

Level: intermediate/advanced

Choreographer: Frank Cooper

Music: Family Affair by Mary J. Blige

WALK FORWARD, ROCK AND SWEEP ¼ TURN LEFT, TOE POINT FORWARD, TOE POINT FORWARD ¼ TURN

- 1-3** Walk forward right, left, right
- 4&5-6** Rock forward on left foot, recover back onto the right foot, sweep left toe around to the left a ¼ turn to the left, touch left toe beside right
- &7&8** Step left foot down beside right, point right toe forward, bring right foot beside left, point left toe forward making a ¼ turn to the left

SYNCOPATED VINE RIGHT, BALL POINT, BALL CROSS, TOUCH BALL CROSS

- &9-10** Step left foot down beside right, step right foot to right side, step left foot behind right
- &11&12** Step right foot to right side, step left foot over right, step right foot to right side, step left foot behind right
- &13&14** Step right foot to right side, point left toe to left side, step left foot slightly back, step right foot over left
- 15&16** Touch left toe to left side, step left foot slightly back, step right foot over left

SIDE ROCK, SYNCOPATED WEAVE ¼ TURN RIGHT, JAZZ SHUFFLE

- 17-20** Rock left foot out to left side, recover onto right, step left foot behind right, step forward on right ¼ turn right, step forward on left
- 21-22** Step right foot over left, step back on left
- 23&24** Shuffle back right, left, right on a 45 degree angle to the right

SHUFFLE BACK, BALL POINT, BALL STEP, PIVOT ½ TURN RIGHT, CHASE ½ TURN RIGHT

- 25&26** Shuffle back left, right, left on a 45 degree angle to the left
- &27&28** Step back on right foot, point left toe forward, step slightly back on left foot, step forward on right
- 29-30** Touch left toe forward, pivot ½ turn right
- 31&32** Step forward on left, step right foot beside left ½ turn right, step forward on left

ROCK & CROSS RIGHT AND LEFT, SYNCOPATED TOE POINTS,

- 33&34** Rock right foot out to right side, recover onto left, step right foot over left
- 35&36** Rock left foot out to left side, recover onto right, step left foot over right
- 37&38** Point right toe to right side, step right foot beside left, point left toe to left side
- &39&40** Step left foot beside right, point right toe to right side, step right foot beside left, touch left toe forward

SIT & TURN ¼ RIGHT, SIDE SHUFFLE, CROSS OVER, OPEN, SAILOR ½ TURN

- 41&42** Bend knees forward while pushing hips back (sit position), straighten knees while pushing hips forward (stand position) while making a ¼ turn to the right
- 43&44** Step right foot to right side, step left foot beside right foot, step right foot to right side
- 45-46** Step left foot over right, step right foot to right side
- 47&48** Cross left foot behind right, make ½ turn left stepping back on right, cross left over right

REPEAT