

MAN ON A MISSION

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Count: 64

Wall: 2

Level: intermediate

Choreographer: Alan Haywood

Music: Man On A Mission by Hall & Oates

RIGHT FORWARD SHUFFLE, ROCK RECOVER, LEFT BACK SHUFFLE, ROCK RECOVER

- 1&2** Step right forward, close left to it, step right forward
- 3-4** Rock forward onto left, recover weight back onto right
- 5&6** Step left back, close right to it, step left back
- 7-8** Rock back onto right, recover weight forward onto left

RIGHT FORWARD, ½ LEFT, TRIPLE ½ LEFT, BEHIND & ACROSS, SIDE ROCK RECOVER

- 1-2** Step right forward, pivot ½ left
- 3&4** Step right forward, make a ½ left stepping left forward, step right forward
- 5&6** Step left behind right, step right to right side, step left over right
- 7-8** Rock right to right side, recover weight onto left

SYNCOPATED WEAVE LEFT, ROCK FORWARD, RECOVER, LEFT BACK SHUFFLE

- 1&2** Step right behind left, left to left side, step right across left
- &3&4** Step left to left side, right behind left, left to left side, step right over left
- 5-6** Rock forward onto left, recover weight back onto right
- 7&8** Step left back, close right to it, step left back

½ RIGHT TOE STRUT TWICE, ROCK BACK RECOVER, RIGHT FORWARD MAMBO

- 1-2** Make ½ turn right stepping right toe forward, drop right heel
- 3-4** Make ½ turn right stepping left toe back, drop left heel
- 5-6** Rock back onto right, recover weight forward onto left
- 7&8** Step right forward, step left next to right, step right back

SYNCOPATED WEAVE RIGHT, RIGHT HEEL FORWARD, HOLD & LEFT HEEL FORWARD, HOLD

- 1&2** Step left over right, right to right side, left behind right
- &3&4** Right to right side, left over right, right to right side, left behind right

- 5-6 Right heel forward, hold
&7-8 Step right back, left heel forward, hold

CROSS, BACK, & CROSS, BACK, ROCK BACK, RECOVER, RIGHT LOCK STEP

- 1-2 Cross step left over right, step back onto right
&3-4 Step left back, cross step right over left, step left back
5-6 Rock back onto right, recover weight forward onto left
7&8 Step right forward, lock step left behind right, step right forward

¼ RIGHT SHUFFLE, RIGHT SAILOR, ½ LEFT TOE STRUT, ¼ LEFT TOE STRUT

- 1&2 Step left to left side making ¼ right, close right next to left, step left to left side
3&4 Cross right behind left, step left to left side, step right in place
5-6 Make ½ turn left stepping left toe forward, drop left heel
7-8 Make ¼ turn left stepping right toe to side, drop right heel

LEFT SAILOR, RIGHT SAILOR, SIDE, HOLD, & SIDE HOLD

- 1&2 Cross left behind right, right to right side, left in place
3&4 Cross right behind left, step left to left side, step right in place
5-6 Step left to left side, hold
&7-8 Step right next to left, step left to left side, hold

REPEAT