

# HIPPY HIPPI SWINGS

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**Count:** 56

**Wall:** 1

**Level:** beginner/intermediate merengue

**Choreographer:** Sean Rook

**Music:** La Gorda Linda by Arthur Hanlon

## MERENGUE TO RIGHT AND THEN LEFT (WITH HIP MOVEMENTS)

**1-4** Step right to right side, close left to right, step right to right, close left to right

**5-8** Step left to left side, close right to left, step left to left, close right to left

## MERENGUE TO RIGHT AND THEN LEFT (WITH HIP MOVEMENTS)

**1-4** Step right to right side, close left to right, step right to right, close left to right

**5-8** Step left to left side, close right to left, step left to left, close right to left

## ROCK RECOVER WITH LOTS OF HIP MOVEMENTS DONE CONTINUOUSLY (WITH ARMS MOVING AT SIDES)

**1-3** Right rock forward, recover left, right rock back

**4-6** Left rock back, recover right, left step forward (with hip forward movement)

## ROCK RECOVER WITH LOTS OF HIP MOVEMENTS DONE CONTINUOUSLY (WITH ARMS MOVING AT SIDES)

**1-3** Right rock forward, recover left, right rock back

**4-6** Left rock back, recover right, left step forward (with hip forward movement)

## SIDE, BEHIND, ROCK, RECOVER (ALSO WITH LOTS OF HIP MOVEMENTS WITH BOTH ARMS EXTENDED)

**1-3** Right to right (with hip movement), left step behind right, recover onto right

**4-6** Left to left (with hip movements), right step behind left, recover onto left

## SIDE, BEHIND, ROCK, RECOVER (ALSO WITH LOTS OF HIP MOVEMENTS WITH BOTH ARMS EXTENDED)

**1-3** Right to right (with hip movement), left step behind right, recover onto right

**4-6** Left to left (with hip movements), right step behind left, recover onto left

## MERENGUE RIGHT AND LEFT (WITH HAND MOVEMENTS)

- 1-2** Step right to right side, close left to right (left arm extended, bring right arm overhead on 2nd count)
- 3-4** Step right to right, close left to right (with left arm still extended, bring right arm down on 4th count)
- 5-6** Step left to left side, close right to left (with right arm extended, bring left arm overhead on 6th count)
- 7-8** Step left to left, close right to left. (with right arm extended, bring left arm down on 8th count)

### **STEP FORWARD WITH HIPS - RIGHT, LEFT & FULL RIGHT TURN, BODY RIPPLE**

- 1-2** Step right to right side, step left to left
- 3&4** Full right turn with weight ending on right
- 5-8** Free style - body ripple - moving it up and then down and level - ready to start again!

### **REPEAT**