

# Perpetual Now

LINEDANCE.COM

**Count:** 32                      **Wall:** 4                      **Level:** Beginner

**Choreographer:** Inge Vestergård , DK (Feb. 2016)

**Music:** "Perpetual Now" by Simon Lyng. Album:"The Absence Of Fear" (4:27)

**Intro: 32 count intro ( 15 sec. Into track). Start with weight on L foot.**

## **Sec. 1: Chassé R, Back Rock, Extended Wine L**

- 1 & 2**        Step R to R side, Step L beside R, Step R to R side
- 3 - 4**        Rock back L, Recover R
- 5 - 8**        Step L to L side, Cross R behind L, Step L to I side, Cross R over L.

**\* 8 count Tag here after Wall 4 facing 12.00 o'clock, then restart the dance.**

## **Sec. 2: Side Rock, ¼ Turn R, Shuffle L Fwd, Rocking Chair**

- 1 - 2**        Rock L to L side, ¼ Turn Stepping fwd on R (3.00)
- 3 & 4**        Step L fwd, Close R beside L, Step fwd on L
- 5 - 8**        Rock R fwd, Recover L, Rock R back, Recover L.

## **Sec. 3: Shuffle R Fwd, Rock Step , Shuffle ½ Turn L, Step, ¼ Turn L**

- 1 & 2**        Step fwd R, Close L beside R, Step fwd R
- 3 - 4**        Rock fwd L, Recover R
- 5 & 6½ turn L stepping fwd L, Close R beside L, Step fwd. L (9.00)**
- 7 - 8**        Step fwd. R, ¼ turn Lweight on L (6.00)

## **Diagonal Toe Struts with Hip Bumps, Jazzbox ¼ Turn R**

- 1 - 2**        Tap R Toe diagonal in front of L with R Hipbump, Drop R Heel
- 3 - 4**        Tap L Toe diagonal L with L Hipbump, Drop L Heel
- 5 - 8**        Cross R over L, ¼ turn R stepping back on L, Step R to R side, Cross L over R (9.00)

**\* Tag after Wall 4: Chassé R, Back Rock, Chassé L, Back Rock**

- 1 & 2**        Step R to R side, Step L beside R, Step R to R side
- 3 - 4**        Rock back L, Recover R
- 5 & 6**        Step L to L side, Close R beside L, Step L to L side

**7 - 8**      Rock back R, Recover L.

**\*\* Ending on Wall 15 starting at 6 o'clock.**

**Dance the jazz box without the  $\frac{1}{4}$  turn, and you will end the dance facing 12 O'clock**

**Contact: Inge Vestergård - mail: [ingevestergaard56@gmail.com](mailto:ingevestergaard56@gmail.com)**

---

Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=109224](https://www.linedance.com/index.php?f=dance_view&id=109224)