

# Heart Strings

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**Count:** 32

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Ivonne Verhagen (March 2012)

**Music:** Heartstrings by Ben Saunders (Album You Thought You Knew Me By Now) iTunes

**Dance starts after 16 counts**

**STEP SIDE, ROCK, STEP, STEP SIDE, CROSS BEHIND, STEP SIDE, CROSS OVER, SIDE  
ROCK STEP, CROSS OVER, ¼ TURN LEFT, ¼ TURN LEFT,**

**1,2,&RF step to the right side, lf rock back, rf weight back on rf.**

**3,4,&LF step to the left side, rf cross behind left, left step to the left side**

**5,6,&RF cross over lf, LF rock left side, RF weight on RF**

**7,8,&LF cross over RF, ¼ turn left & RF step back, ¼ turn left & LF step side**

**CROSS ROCK STEP, STEP SIDE, CROSS ROCK STEP, STEP SIDE, BEND BOTH KNEES (GO  
DOWN) & COME UP, RF ROCK SIDE, WEIGHT BACK, FULL TURN LEFT**

**1,2,&RF cross rock over lf, weight back on lf, rf step to the right side**

**3,4,&LF cross rock over rf, weight back on rf, lf step to the left side**

**Restart in wall 6**

**5,6** Bend both knees & go down (also arms), Come up & step RF side (right arm to right side)

**7&8¼ turn left & LF step forward, ½ turn left & RF step back, ¼ turn left & LF step side**

**CROSS ROCK STEP, SIDE (WRAPP IN), 1,1/4 TURN LEFT, ROCK STEP FORWARD, STEP  
BACK, STEP FORWARD, ½ TURN LEFT**

**1&2RF cross rock over LF, weight back on LF, RF step side (body turns right, wrap in)**

**3&4¼ turn left & LF step forward, ½ turn left & RF step back, ½ turn left & LF step forward**

**5&6RF rock forward, weight back on LF, RF step back (move upper body back)**

**7,8,&1** Move body forward & weight on LF, RF step forward, ½ turn left & weight on LF, RF step forward

**STEP FORWARD, WALK, WALK WALK, WALK BACK, WALK BACK, WALK BACK, SAILOR ¼  
TURN LEFT, CROSS ROCK, STEP**

**2&3LF walk forward, RF walk forward, LF walk forward**

**4,&5RF walk back, LF walk back, RF walk back**

**6&7¼ turn left & LF cross behind RF, Rf step side, LF step side**

**8,&RF cross rock over LF, LF step in place**

**NOTE: Restart the dance after count 12 in wall 6**

**End of the dance.**

**Have Fun!**