

BLACK KRYPTONITE

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Count: —

Wall: 2

Level: intermediate

Choreographer: Kelly Cavallaro , Jason Cruz & Curtis "Hoss" Marting

Music: Black Suits Comin', Nod Ya Head by Will Smith Introducing Tra-Knox

Sequence:A-BB-C-BB-C-BB-C-A

PART A

- 1& Shrug right shoulder up & left shoulder down, shrug left shoulder up & right shoulder down
- 2& Shrug both shoulders back, shrug both shoulders forward
- 3&4 Step right foot forward, bending knee in and out
- 5& Shrug right shoulder up & left shoulder down, shrug left shoulder up & right shoulder down
- 6& Shrug both shoulders back, shrug both shoulders forward
- 7&8 Step left foot forward, bending knee in and out
- 1-8 Step forward right, left, right, do a ½ turn to left, repeat this pattern again
- 1-3 Step right, left behind, right
- &4 Kick left foot out touching left heel, cross right over left
- 5-7 Step left, right behind, left
- &8 Kick right foot out touching right heel, cross left over right

- 1-2 Step side right, recover
- 3&4 Step right behind left, step side left, cross/step right in front of left
- 5-6 Step side left, recover
- 7&8 Step left behind right, step side right, cross/step left in front of right

PART B

- 1&2-3&4 Do a right kick ball change, twice
- 5&6 Rock forward on your right, rock back on your left
- 7&8 Shuffle right, left, right while doing a ½ turn to your right

- 1-2** Step side left, recover
- 3&4** Step left behind right, step side right, cross/step left in front of right
- 5-6** Step side right, recover
- 7&8** Step right behind left, step side left, cross/step right in front of left
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- 1-2** Do a ½ turn to the left, clap
- 3&4** Hip roll to the left
- 5&6&** Kick right foot forward, recover, kick left foot forward, recover
- 7&8&** Kick right foot out to right side, recover, kick left foot out to left side, recover
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- 1-4** Kick right foot out to right side, hook right behind left, do a ½ turn to right, clap
- 5-8** Stomp right, hold, stomp left, hold

PART C

- 1-4** Step side right while bending right knee, shimmying hips and nodding your head
- 5&6-7&8** Do a left sailor shuffle, do a right sailor shuffle
- 1-4** Step side left while bending left knee, shimmying hips and nodding your head
- 5&6-7&8** Do a right sailor shuffle, do a left sailor shuffle
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- 1-2** Bend right knee in, turn right knee with ¼ turn to right
- 3&4** Shuffle forward right, left, right
- 5&6** Cross rock left over right, recover on right, step left to left side
- 7&8** Cross rock right over left, recover on left, step right to right side
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- 1-4** Do a ¼ left leg fire hydrant turn with attitude to the right, touch left toe on count 4
- &5&6** Jump apart - left, right, jump back together - crossing right over left
- 7-8** Do a ½ turn to the left, clap